

Programme for 5th SHE Summer School in Kuopio, Finland

State of the Art of School-Based Health Promotion in Europe: Research-Based and Practice-Based Knowledge

University of Eastern Finland, Kuopio Campus, Canthia building, 3rd floor, Yliopistonranta 1 C, Kuopio, Finland
Auditorium CA301 / CA300

10-13 June 2015

Wednesday, 10th June 2015:

Introduction to health promoting school approach

9.00 – 9.30	Arrival and registration (Tea / coffee)
9.30 – 9.40	<i>Opening of the Summer School: Greeting from the Faculty of Health Sciences</i> Dean Hilkka Soininen
9.40 – 10.00	<i>Welcome and practical information</i> Kerttu Tossavainen, Hannele Turunen
10.00 – 10.30	<i>Get to know each other activity</i> Marjorita Sormunen
10.30 – 10.45	Coffee-break / refreshments
10.45 – 11.30	<i>Schools for Health in Europe (SHE)</i> Goof Buijs
11.30 – 12.30	<i>Schools for Health (SHE) in Finland: research and practice</i> Kerttu Tossavainen, Hannele Turunen, Päivi Nykyri
12.30 – 13.30	Lunch together and interpersonal interaction
13.30 – 14.45	<i>Researching stakeholders perspectives on school-based health education and health promotion: between policy intentions and reality of practice</i> Venka Simovska
14.45 – 15.00	Coffee-break / refreshments
15.00 – 16.00	<i>Reflections on using research for further development of (a) research and (b) practice</i> Venka Simovska
16.00 – 16.30	<i>Summing up, preparing the field visits / assignment</i> Kerttu Tossavainen, Hannele Turunen, Marjorita Sormunen

Evening Options for Wednesday:

1. Kuopio Dance Festival (www.kuopiodancefestival.fi), possible tickets at own cost

Thursday, 11th June 2015:

Aspects in health promotion: school and community approach

9.00 – 10.30	<i>Aspects on methodology and evaluation of school health research</i> Marjorita Sormunen	
10.30 – 10.45	Coffee-break / refreshments	
10.45 – 12.30	<i>Diversity and equality in different settings for health – need for cultural competences and multidisciplinary approach</i> Paula McGee (Auditorium CA300)	
12.30 – 13.30	Lunch together and interpersonal interaction	
13.30 – 14.15	Previous topics continue; reflection and discussion in groups	
	<i>a) Overview of the SHE online school manual and implementation in practice; examples from different countries</i> Goof Buijs	<i>b) Writing for publishing in academic journals</i> Venka Simovska
14.15 – 14.45	Key points from both groups	

14.45 – 15.00	Coffee-break / refreshments	
15.00 – 17.00	<i>PhD students present their work and get feedback / theoretical and methodological aspects</i> Venka Simovska, Kerttu Tossavainen	<i>Non-PhD students (participants) present a case from practice and get feedback</i> Goof Buijs, Marjorita Sormunen

Evening Options for Thursday:

1. Kuopio Dance Festival (www.kuopiodancefestival.fi), possible tickets at own cost
2. Smoke sauna and dinner at Jätkänkämpä, Rauhalahdi between 16 and 22 (at own cost, see <http://www.rauhalahti.fi/en/rauhalahti> -> Restaurants -> Jätkänkämpä Lodge

Friday, 12th June 2015:

Educational structure and renewed school curriculum in basic education in Finland

9.00 – 9.30	<i>Educational structure in Finland</i> Marjorita Sormunen	
9.30 – 11.00	<i>Health promotion in schools and health education in the renewed curriculum</i> Heidi Peltonen	
11.00	Departure from the UEF by bus	
11.15	Study visit 1: Kuopio Classical High School - Teaching and learning technology Headmaster Jukka Sormunen	
12.00	Study visit 2: Lunch at the Steiner School Virkkula - Healthy school meal Tiina Halinen, Via Gourmet	
13.15	Study visit 3: Martti Ahtisaari Comprehensive School – Tolerance/peace education (tbc) Headmaster Titta Kaukonen	
14.00	Study visit 4: Lehtoniemi Nursery School - Environment, physical activity and play Director Tiina Kerman	
15 -	Visit to the Observation Tower at Puijo	
16 -	Nature Trail "Konttilan kierto" (2,3 km) at Puijo Picnic snack on the go	
17 -	Bus transfer (appr. 35 km) to the evening location Riistavesi	
	Food by the fire, sauna, swimming, games and fun	
-22	Travel back to Kuopio / hotels	

Saturday, 13th June 2015:

Collective contributions to school health promotion

9.00 – 9.30	<i>Finalizing the assignments from the study visits</i> Marjorita Sormunen	
9.30 – 10.30	<i>Discussing the assignments & conclusions</i> Marjorita Sormunen	
10.30 – 10.45	Coffee-break / refreshments	
10.45 – 12.30	<i>Latest news from the HBSC</i> Raili Välimaa	
12.30 – 13.30	Lunch together and interpersonal interaction	
13.30 – 14.45	<i>PhD students present their work and get feedback / theoretical and methodological aspects</i> Kerttu Tossavainen, Marjorita Sormunen	<i>Non-PhD students (participants) present a case from practice and get feedback</i> Hannele Turunen
14.45 – 15.00	Coffee-break / refreshments	
15.00 – 16.00	General wrap-up & feedback, closing of the summer school	

The organizers reserve the right to make changes to the program.

Lecturers



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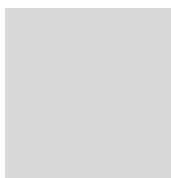
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