

Programme for 5th SHE Summer School in Kuopio, Finland

State of the Art of School-Based Health Promotion in Europe: Research-Based and Practice-Based Knowledge

University of Eastern Finland, Kuopio Campus, Canthia building, 3rd floor, Yliopistonranta 1 C, Kuopio, Finland
Auditorium CA301 / CA300

10-13 June 2015

Wednesday, 10th June 2015: Introduction to health promoting school approach

9.00 – 9.30	Arrival and registration (Tea / coffee)
9.30 – 9.40	<i>Opening of the Summer School: Greeting from the Faculty of Health Sciences</i> Dean Hilkka Soininen
9.40 – 10.00	<i>Welcome and practical information</i> Kerttu Tossavainen, Hannele Turunen
10.00 – 10.30	<i>Get to know each other activity</i> Marjorita Sormunen
10.30 – 10.45	Coffee-break / refreshments
10.45 – 11.30	<i>Schools for Health in Europe (SHE)</i> Goof Buijs
11.30 – 12.30	<i>Schools for Health (SHE) in Finland: research and practice</i> Kerttu Tossavainen, Hannele Turunen, Päivi Nykyri
12.30 – 13.30	Lunch together and interpersonal interaction
13.30 – 14.45	<i>Researching stakeholders perspectives on school-based health education and health promotion: between policy intentions and reality of practice</i> Venka Simovska
14.45 – 15.00	Coffee-break / refreshments
15.00 – 16.00	<i>Reflections on using research for further development of (a) research and (b) practice</i> Venka Simovska
16.00 – 16.30	<i>Summing up, preparing the field visits / assignment</i> Kerttu Tossavainen, Hannele Turunen, Marjorita Sormunen

Evening Options for Wednesday:

1. Kuopio Dance Festival (www.kuopiodancefestival.fi), possible tickets at own cost

Thursday, 11th June 2015: Aspects in health promotion: school and community approach

9.00 – 10.30	<i>Aspects on methodology and evaluation of school health research</i> Marjorita Sormunen	
10.30 – 10.45	Coffee-break / refreshments	
10.45 – 12.30	<i>Diversity and equality in different settings for health – need for cultural competences and multidisciplinary approach</i> Paula McGee (Auditorium CA300)	
12.30 – 13.30	Lunch together and interpersonal interaction	
13.30 – 14.15	<i>Previous topics continue; reflection and discussion in groups</i> <i>a) Overview of the SHE online school manual and implementation in practice; examples from different countries</i> Goof Buijs	<i>b) Writing for publishing in academic journals</i> Venka Simovska
14.15 - 14.45	Key points from both groups	

14.45 – 15.00	Coffee-break / refreshments	
15.00 – 17.00	<i>PhD students present their work and get feedback / theoretical and methodological aspects</i> Venka Simovska, Kerttu Tossavainen	<i>Non-PhD students (participants) present a case from practice and get feedback</i> Goof Buijs, Marjorita Sormunen

Evening Options for Thursday:

1. Kuopio Dance Festival (www.kuopiodancefestival.fi), possible tickets at own cost
2. Smoke sauna and dinner at Jätkänkämppä, Rauhalahti between 16 and 22 (at own cost, see <http://www.rauhalahti.fi/en/rauhalahti> -> Restaurants -> Jätkänkämppä Lodge

Friday, 12th June 2015:

Educational structure and renewed school curriculum in basic education in Finland

9.00 – 9.30	<i>Educational structure in Finland</i> Marjorita Sormunen
9.30 – 11.00	<i>Health promotion in schools and health education in the renewed curriculum</i> Heidi Peltonen
11.00	Departure from the UEF by bus
11.15	Study visit 1: Kuopio Classical High School - Teaching and learning technology Headmaster Jukka Sormunen
12.00	Study visit 2: Lunch at the Steiner School Virkkula - Healthy school meal Tiina Halinen, Via Gourmet
13.15	Study visit 3: Martti Ahtisaari Comprehensive School – Tolerance/peace education (tbc) Headmaster Titta Kaukonen
14.00	Study visit 4: Lehtoniemi Nursery School - Environment, physical activity and play Director Tiina Kerman
15 -	Visit to the Observation Tower at Puijo
16 -	Nature Trail “Konttilan kierto” (2,3 km) at Puijo Picnic snack on the go
17 -	Bus transfer (appr. 35 km) to the evening location Riistavesi Food by the fire, sauna, swimming, games and fun
-22	Travel back to Kuopio / hotels

Saturday, 13th June 2015:

Collective contributions to school health promotion

9.00 – 9.30	<i>Finalizing the assignments from the study visits</i> Marjorita Sormunen	
9.30 – 10.30	<i>Discussing the assignments & conclusions</i> Marjorita Sormunen	
10.30 – 10.45	Coffee-break / refreshments	
10.45 – 12.30	<i>Latest news from the HBSC</i> Raili Välimaa	
12.30 – 13.30	Lunch together and interpersonal interaction	
13.30 – 14.45	<i>PhD students present their work and get feedback / theoretical and methodological aspects</i> Kerttu Tossavainen, Marjorita Sormunen	<i>Non-PhD students (participants) present a case from practice and get feedback</i> Hannele Turunen
14.45 – 15.00	Coffee-break / refreshments	
15.00 – 16.00	General wrap-up & feedback, closing of the summer school	

The organizers reserve the right to make changes to the program.

Lecturers



Hannele Turunen, Professor, Head of Department
University of Eastern Finland, Faculty of Health Sciences, Department of Nursing Science
Kuopio, Finland
hannele.turunen@uef.fi



Kerttu Tossavainen, Professor
University of Eastern Finland, Faculty of Health Sciences, Department of Nursing Science
Kuopio, Finland
kerttu.tossavainen@uef.fi



Marjorita Sormunen, Postdoctoral researcher
University of Eastern Finland, Faculty of Health Sciences, Department of Nursing Science
Kuopio, Finland
marjorita.sormunen@uef.fi



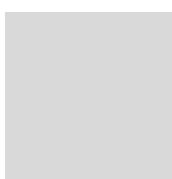
Goof Buijs, Programme Manager
CBO / SHE Network
Utrecht, the Netherlands
G.Buijs@cbo.nl



Päivi Nykyri, Senior Adviser, National Coordinator for the Schools for Health in Finland
SOSTE Finnish Federation for Social Affairs and Health
Helsinki, Finland
paivi.nykyri@soste.fi



Venka Simovska, Professor, Research Programme Director
Aarhus University, Department of Education
Copenhagen NV, Denmark
vs@edu.au.dk



Heidi Peltonen, Counsellor of Education
Finnish National Board of Education
Helsinki, Finland
heidi.peltonen@oph.fi



Raili Välimäa, Lecturer, Docent/Adjunct Professor of the University of Eastern Finland
University of Jyväskylä
Jyväskylä, Finland
raili.valimaa@jyu.fi