1	Details of the person di	scharging managerial responsibilities/	person closely associated
a)	a Name	Qazi Muhammad Abdul Qadeer	
2	Reason for the notificat	ion	
a)	Position/status	Primary Insider	
b)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, en or auction monitor	nission allowance market participant, a	auction platform, auctioneer
a)	Name	Panoro Energy ASA	
b)	LEI	5967007LIEEXZXGWM030	
4	Details of the transaction of transaction; (iii) each d	(s): section to be repeated for (i) each type late; and (iv) each place where transaction	of instrument; (ii) each type s have been conducted
a)	Description of the financial instrument, type of instrument	Award of Share Options (Restricted	Share Units)
	Identification code	ISIN NO0010564701	
b)	Nature of the transaction	Award of share options	
c)	Price(s) and volume(s)	Price(s)	V.1 (A)
			Volume(s)
	(/	NOK 0.05	64,983
d)	Aggregated information — Aggregated volume — Price	NOK 0.05 Volume: 64,983 RSUs/share options Exercise Price NOK: 0.05 each	
d) e)	Aggregated information — Aggregated volume	Volume: 64,983 RSUs/share options	

1	Details of the person di	Details of the person discharging managerial responsibilities/person closely associated		
b)	a Name	Qazi Muhammad Abdul Qadeer		
2	Reason for the notificat	tion		
c)	Position/status	Primary Insider		
d)	Initial notification/ Amendment	Initial notification		
3	Details of the issuer, en or auction monitor	nission allowance market participant, auction platform, auctioneer		
c)	Name	Panoro Energy ASA		
d)	LEI	5967007LIEEXZXGWM030		
	+	on(s): section to be repeated for (i) each type of instrument; (ii) each type of date; and (iv) each place where transactions have been conducted		
4				
4 g)	Of transaction; (iii) each of Description of the financial instrument, type of		ns have been conducted	
	Description of the financial instrument, type of instrument	ate; and (iv) each place where transaction	ns have been conducted	
g)	Of transaction; (iii) each of Description of the financial instrument, type of	Exercise of Share Options (Restrict	ed Share Units)	
g) h)	Description of the financial instrument, type of instrument Identification code	Exercise of Share Options (Restrict ISIN NO0010564701 Exercise of Share Options and subsc	red Share Units)	
g) h)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Exercise of Share Options (Restrict ISIN NO0010564701	ed Share Units)	
	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Exercise of Share Options (Restrict ISIN NO0010564701 Exercise of Share Options and subsc	ription of new shares Volume(s) 38,360	
g) h) i)	Description of the financial instrument, type of instrument Identification code Nature of the transaction Price(s) and volume(s) Aggregated information — Aggregated volume	Exercise of Share Options (Restrict ISIN NO0010564701 Exercise of Share Options and subsc Price(s) NOK 0.05 Volume: 38,360 shares	ription of new shares Volume(s) 38,360	

1	Details of the person d	ischarging managerial responsibilities/	person closely associated
c)	a Name	John Hamilton	
2	Reason for the notifica	tion	
e)	Position/status	Primary Insider	
f)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, er or auction monitor	nission allowance market participant, a	uction platform, auctioneer
e)	Name	Panoro Energy ASA	
f)	LEI	5967007LIEEXZXGWM030	
4	Details of the transaction of transaction; (iii) each of	(s): section to be repeated for (i) each type late; and (iv) each place where transactions	of instrument; (ii) each type s have been conducted
m)	Description of the financial instrument, type of	Award of Share Options (Restricted	Share Units)
	instrument Identification code	ISIN NO0010564701	
n)		Award of share options	
n) o)	Identification code	Award of share options	Volume(s) 131,772
o)	Identification code Nature of the transaction	Award of share options Price(s)	* * * * * * * * * * * * * * * * * * * *
	Identification code Nature of the transaction Price(s) and volume(s) Aggregated information — Aggregated volume	Award of share options Price(s) NOK 0.05 Volume: 131,772 RSUs/share options	* * * * * * * * * * * * * * * * * * * *

	Details of the person di	ischarging managerial responsibilities/pe	erson closely associated	
l)	a Name	John Hamilton		
	Reason for the notificat	tion		
g)	Position/status	Primary Insider		
n)	Initial notification/ Amendment	Initial notification		
	Details of the issuer, en or auction monitor	nission allowance market participant, auction platform, auctioneer		
g)	Name	Panoro Energy ASA		
n)	LEI	5967007LIEEXZXGWM030		
	Details of the transaction	(s): section to be repeated for (i) each type of	instrument: (ii) each type	
		late; and (iv) each place where transactions h		
s)	Description of the financial instrument, type of	late; and (iv) each place where transactions h	ave been conducted	
	of transaction; (iii) each of Description of the finan-	late; and (iv) each place where transactions h	ave been conducted	
	Description of the financial instrument, type of instrument	Exercise of Share Options (Restricted S ISIN NO0010564701	Share Units)	
s)	Description of the financial instrument, type of instrument Identification code	Exercise of Share Options (Restricted S ISIN NO0010564701	Share Units)	
s) (i)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Exercise of Share Options (Restricted S ISIN NO0010564701 Exercise of Share Options and subscrip	Share Units) tion of new shares	
s) (i)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Exercise of Share Options (Restricted S ISIN NO0010564701 Exercise of Share Options and subscript Price(s) NOK 0.05 Volume: 118,760 shares	Share Units) tion of new shares Volume(s) 118,760	
1)	Description of the financial instrument, type of instrument Identification code Nature of the transaction Price(s) and volume(s)	Exercise of Share Options (Restricted S ISIN NO0010564701 Exercise of Share Options and subscrip Price(s) NOK 0.05	Share Units) tion of new shares Volume(s) 118,760	
1)	Description of the financial instrument, type of instrument Identification code Nature of the transaction Price(s) and volume(s) Aggregated information — Aggregated volume	Exercise of Share Options (Restricted S ISIN NO0010564701 Exercise of Share Options and subscript Price(s) NOK 0.05 Volume: 118,760 shares	Share Units) tion of new shares Volume(s) 118,760	

1	Details of the person di	ischarging managerial responsibilities/pe	rson closely associated
e)	a Name	Richard Morton	
2	Reason for the notificat	tion	
i)	Position/status	Primary Insider	
j)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, en or auction monitor	nission allowance market participant, auc	tion platform, auctioneer
i)	Name	Panoro Energy ASA	
j)	LEI	5967007LIEEXZXGWM030	
4		(s): section to be repeated for (i) each type of late; and (iv) each place where transactions ha	
	of transaction; (iii) each c	iate; and (iv) each place where transactions in	ave been conducted
y)	Description of the financial instrument, type of	Award of Share Options (Restricted Share Share Options)	
y)	Description of the finan-	·	
y) z)	Description of the financial instrument, type of instrument	Award of Share Options (Restricted Share Options) ISIN NO0010564701 Award of share options	
	Description of the financial instrument, type of instrument Identification code	Award of Share Options (Restricted Share Options) ISIN NO0010564701 Award of share options	
z)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Award of Share Options (Restricted Share Options) ISIN NO0010564701 Award of share options	are Units)
z)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Award of Share Options (Restricted Share Options) ISIN NO0010564701 Award of share options Price(s)	are Units) Volume(s)
z) aa)	Description of the financial instrument, type of instrument Identification code Nature of the transaction Price(s) and volume(s) Aggregated information — Aggregated volume	Award of Share Options (Restricted Share Options) ISIN NO0010564701 Award of share options Price(s) NOK 0.05 Volume: 63,507 RSUs/share options	are Units) Volume(s)

	Details of the person di	scharging managerial responsibilities	/person closely associated
f)	a Name	Richard Morton	
2	Reason for the notificat	ion	
k)	Position/status	Primary Insider	
1)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, en or auction monitor	nission allowance market participant,	auction platform, auctioneer
k)	Name	Panoro Energy ASA	
1)	LEI	5967007LIEEXZXGWM030	
4		(s): section to be repeated for (i) each typlate; and (iv) each place where transaction	
4 ee)	Description of the financial instrument, type of		ns have been conducted
	Description of the financial instrument, type of instrument	late; and (iv) each place where transaction	ns have been conducted
ee)	Description of the financial instrument, type of	Exercise of Share Options (Restrict	ted Share Units)
ee)	Description of the financial instrument, type of instrument Identification code	Exercise of Share Options (Restrict ISIN NO0010564701	ted Share Units)
ee)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Exercise of Share Options (Restrict ISIN NO0010564701 Exercise of Share Options and subsc	ted Share Units) cription of new shares
ee) ff) gg)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Exercise of Share Options (Restrict ISIN NO0010564701 Exercise of Share Options and subsc	ription of new shares Volume(s) 38,145
ee) ff) gg)	Description of the financial instrument, type of instrument Identification code Nature of the transaction Price(s) and volume(s) Aggregated information — Aggregated volume	Exercise of Share Options (Restrict ISIN NO0010564701 Exercise of Share Options and subsc Price(s) NOK 0.05 Volume: 38,145 shares	ription of new shares Volume(s) 38,145

1	Details of the person di	ischarging managerial responsibilities/po	erson closely associated
g) :	Name	Nigel McKim	
2	Reason for the notificat	tion	
m)	Position/status	Primary Insider	
n)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, en	nission allowance market participant, aud	ction platform, auctionee
m)	Name	Panoro Energy ASA	
n)	LEI	5967007LIEEXZXGWM030	
4		(s): section to be repeated for (i) each type of late; and (iv) each place where transactions h	
4 kk)	Description of the financial instrument, type of		have been conducted
	of transaction; (iii) each of Description of the finan-	late; and (iv) each place where transactions h	have been conducted
	Description of the financial instrument, type of instrument	Award of Share Options (Restricted Sl ISIN NO0010564701 Award of share options	have been conducted
kk)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Award of Share Options (Restricted Sl ISIN NO0010564701 Award of share options	have been conducted
kk)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Award of Share Options (Restricted Sl ISIN NO0010564701 Award of share options	hare Units)
kk)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Award of Share Options (Restricted Sl ISIN NO0010564701 Award of share options	hare Units) Volume(s)
kk) II) mm)	Description of the financial instrument, type of instrument Identification code Nature of the transaction Price(s) and volume(s) Aggregated information — Aggregated volume	Award of Share Options (Restricted Sl ISIN NO0010564701 Award of share options Price(s) NOK 0.05 Volume: 63,507 RSUs/share options	hare Units) Volume(s)

1	Details of the person di	ischarging managerial responsibilities/per	rson closely associated
h)	a Name	Nigel McKim	
2	Reason for the notificat	tion	
o)	Position/status	Primary Insider	
p)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, en or auction monitor	nission allowance market participant, auct	tion platform, auctionee
0)	Name	Panoro Energy ASA	
p)	LEI	5967007LIEEXZXGWM030	
4		(s): section to be repeated for (i) each type of idate; and (iv) each place where transactions ha	
4 qq)	Description of the financial instrument, type of		we been conducted
	of transaction; (iii) each of Description of the finan-	late; and (iv) each place where transactions ha	we been conducted
	Description of the financial instrument, type of instrument	Exercise of Share Options (Restricted S ISIN NO0010564701 Exercise of Share Options and subscripts	hare Units)
qq)	Description of the financial instrument, type of instrument Identification code	Exercise of Share Options (Restricted S ISIN NO0010564701 Exercise of Share Options and subscripts	hare Units)
qq)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Exercise of Share Options (Restricted S ISIN NO0010564701 Exercise of Share Options and subscriptions)	hare Units) ion of new shares
qq)	Description of the financial instrument, type of instrument Identification code Nature of the transaction	Exercise of Share Options (Restricted S ISIN NO0010564701 Exercise of Share Options and subscription of Share Options (Restricted Share	hare Units) ion of new shares Volume(s) 37,823
qq) rr) ss)	Description of the financial instrument, type of instrument Identification code Nature of the transaction Price(s) and volume(s) Aggregated information — Aggregated volume	Exercise of Share Options (Restricted S ISIN NO0010564701 Exercise of Share Options and subscription of Share Options (Restricted Share Options and Subscription options) of Share Options and Subscription options (Restricted Share Options and Subscription options) of Share Options and Subscription options (Restricted Share Options and Subscription options) of Share Options and Subscription options (Restricted Share Options and Subscription options) of Share Options (Restricted Share Options and Subscription options) of Share Options (Restricted Share Options and Subscription options) of Share Options (Restricted Share Options and Subscription options) of Share Options (Restricted Share Options) of Share Options (R	hare Units) ion of new shares Volume(s) 37,823