

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Nicholas John Robert Walker</i>					
		<i>N/A</i>					
2	Reason for the notification						
a)	Position/status	<i>CEO</i>					
b)	Initial Notification Amendment	<i>Initial notification</i>					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	<i>Vår Energi ASA</i>					
b)	LEI	<i>549300LIVN3FFOJN2K47</i>					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>					
b)	Nature of the transaction	<i>Purchases of shares</i>					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td><i>NOK 54.624</i></td><td><i>786</i></td></tr></table>		Price(s)	Volume(s)	<i>NOK 54.624</i>	<i>786</i>
Price(s)	Volume(s)						
<i>NOK 54.624</i>	<i>786</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2026-10-15</i>					
f)	Place of the transaction	<i>Oslo Stock Exchange</i>					
g)	Additional Information	<i>Purchase of shares under share saving programme</i>					

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Torger Rød</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>COO</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
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Price(s)	Volume(s)					
<i>NOK 54.624</i>	<i>624</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Carlo Santopadre</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>CFO</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchase of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 54.624</i></td> <td><i>299</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 54.624</i>	<i>299</i>
Price(s)	Volume(s)					
<i>NOK 54.624</i>	<i>299</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Sverre Brimsøe Bjelland</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP Legal & Compliance</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
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Price(s)	Volume(s)					
<i>NOK 54.624</i>	<i>328</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Tone Rognstad</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP People & Communication</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 54.624</i></td> <td><i>242</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 54.624</i>	<i>242</i>
Price(s)	Volume(s)					
<i>NOK 54.624</i>	<i>242</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Ellen Waldeland Hoddell</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP Safety & Sustainability</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
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Price(s)	Volume(s)					
<i>NOK 54.624</i>	<i>194</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of shares</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Finn Volrat Pettersen</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
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Price(s)	Volume(s)					
<i>NOK 54.624</i>	<i>83</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Lilli Sahlman Fagerdal	
		N/A	
2	Reason for the notification		
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
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b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 54.624	123
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-10-15	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Carl Anders Olof Kjörling	
		N/A	
2	Reason for the notification		
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 54.624	134
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-10-15	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Aleksandra Uzunova	
		N/A	
2	Reason for the notification		
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 54.624	119
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-10-15	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Trond Myklebust	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 54.624	78
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-10-15	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Henrik Østervoll Sjursen	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 54.624	78
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-10-15	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Knut Ringstad Ytre-Hauge	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
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b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 54.624	108
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-10-15	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Richard Johansen					
		N/A					
2	Reason for the notification						
a)	Position/status	Deputy employee board representative					
b)	Initial Notification Amendment	Initial notification					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Vår Energi ASA					
b)	LEI	549300LIVN3FFOJN2K47					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
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c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK 54.624</td><td>104</td></tr></table>		Price(s)	Volume(s)	NOK 54.624	104
Price(s)	Volume(s)						
NOK 54.624	104						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2026-10-15					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Purchase of shares under share saving programme					

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Alexander Tveiten</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 54.624</i></td> <td><i>83</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 54.624</i>	<i>83</i>
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<i>NOK 54.624</i>	<i>83</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Synne Nyvoll Olsen					
		N/A					
2	Reason for the notification						
a)	Position/status	Deputy employee board representative					
b)	Initial Notification Amendment	Initial notification					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Vår Energi ASA					
b)	LEI	549300LIVN3FFOJN2K47					
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b)	Nature of the transaction	Purchases of shares					
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Price(s)	Volume(s)						
NOK 54.624	70						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2026-10-15					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Purchase of shares under share saving programme					

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Aina Eltervåg	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
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c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 54.624	117
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-10-15	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Stian André Degerdal Sæthern	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
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b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 54.624	84
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-10-15	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Terje Bondhus</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
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Price(s)	Volume(s)					
<i>NOK 54.624</i>	<i>139</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Marie Guldbrandsen Westre</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 54.624</i></td> <td><i>106</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 54.624</i>	<i>106</i>
Price(s)	Volume(s)					
<i>NOK 54.624</i>	<i>106</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Astrid Nyborg Fossgård</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 54.624</i></td> <td><i>83</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 54.624</i>	<i>83</i>
Price(s)	Volume(s)					
<i>NOK 54.624</i>	<i>83</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-10-15</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				