

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	Trond Arvid Larsen				
		N/A				
2	Reason for the notification					
a)	Position/status	Deputy employee board representative				
b)	Initial Notification Amendment	Initial notification				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	Vår Energi ASA				
b)	LEI	549300LIVN3FFOJN2K47				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772				
b)	Nature of the transaction	Sold shares				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>NOK 46.0</td> <td>5000</td> </tr> </table>	Price(s)	Volume(s)	NOK 46.0	5000
Price(s)	Volume(s)					
NOK 46.0	5000					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2026-03-19				
f)	Place of the transaction	Oslo Stock Exchange				
g)	Additional Information	Sold shares				