

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Jan Inge Nesheim</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Sold shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 41.20</i></td> <td><i>10700</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 41.20</i>	<i>10700</i>
Price(s)	Volume(s)					
<i>NOK 41.20</i>	<i>10700</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-13</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Sold shares</i>				

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c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>NOK 43.92</td> <td>2000</td> </tr> </table>	Price(s)	Volume(s)	NOK 43.92	2000
Price(s)	Volume(s)					
NOK 43.92	2000					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2026-03-18				
f)	Place of the transaction	Oslo Stock Exchange				
g)	Additional Information	Sold shares				

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c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>NOK 40.57</td> <td>10700</td> </tr> </table>	Price(s)	Volume(s)	NOK 40.57	10700
Price(s)	Volume(s)					
NOK 40.57	10700					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2026-03-13				
f)	Place of the transaction	Oslo Stock Exchange				
g)	Additional Information	Sold shares				

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Price(s)	Volume(s)					
NOK 41.20	15000					
d)	Aggregated information — Aggregated volume — Price	N/A				
e)	Date of the transaction	2026-03-13				
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g)	Additional Information	Sold shares				