

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Nicholas John Robert Walker</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>CEO</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 38.5479</i></td> <td><i>3341</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 38.5479</i>	<i>3341</i>
Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>3341</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Torger Rød</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>COO</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>2652</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Carlo Santopadre</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>CFO</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>1271</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Sverre Brimsøe Bjelland</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP Legal &amp; Compliance</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>1398</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Tone Rognstad</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP People &amp; Communication</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>1027</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Ellen Waldeland Hoddell</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP Safety &amp; Sustainability</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>825</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of shares</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Jan Inge Nesheim</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>352</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Lilli Sahlman Fagerdal</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>524</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Carl Anders Olof Kjörling</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>568</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Terje Bondhus</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>588</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Jann Idar Dillern Johansen</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
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<i>NOK 38.5479</i>	<i>432</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Kjersti Elen Aanderaa</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
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Price(s)	Volume(s)					
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d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Finn Volrat Pettersen</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
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Price(s)	Volume(s)					
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d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Veronica Orvedal-Kiil</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
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Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>529</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Trond Arvid Larsen</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
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e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Hans Erik Kolstrup Hansen</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 38.5479</i></td> <td><i>582</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 38.5479</i>	<i>582</i>
Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>582</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Anita Hommedal</i> <i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 38.5479</i></td> <td><i>205</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 38.5479</i>	<i>205</i>
Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>205</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Matthieu Marcel Jacques Nicolas Angeli</i> <i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 38.5479</i></td> <td><i>563</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 38.5479</i>	<i>563</i>
Price(s)	Volume(s)					
<i>NOK 38.5479</i>	<i>563</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-03-03</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

