

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Torger Rød	
		N/A	
2	Reason for the notification		
a)	Position/status	COO	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.5037	11036
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-06-01	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023	

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Tone Rognstad</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP People &amp; Communication</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 33.5037</i></td> <td><i>4120</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 33.5037</i>	<i>4120</i>
Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>4120</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Ellen Waldeland Hoddell</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP Safety &amp; Sustainability</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchase of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 33.5037</i></td> <td><i>3311</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 33.5037</i>	<i>3311</i>
Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>3311</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Jan Inge Nesheim	
		N/A	
2	Reason for the notification		
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.5037	1428
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-06-01	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Lilli Sahlman Fagerdal	
		N/A	
2	Reason for the notification		
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.5037	667
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-06-01	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Carl Anders Olof Kjörling	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.5037	2542
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-06-01	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Terje Bondhus	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.5037	2547
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-06-01	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Jann Idar Dillern Johansen	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.5037	483
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-06-01	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023	



1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Kjersti Elen Aanderaa	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.5037	1411
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-06-01	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Finn Volrat Pettersen	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.5037	1345
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-06-01	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Veronica Orvedal-Kiil	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.5037	2292
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2026-06-01	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023	

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Hans Erik Kolstrup Hansen</i>					
		<i>N/A</i>					
2	Reason for the notification						
a)	Position/status	<i>Deputy employee board representative</i>					
b)	Initial Notification Amendment	<i>Initial notification</i>					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	<i>Vår Energi ASA</i>					
b)	LEI	<i>549300LIVN3FFOJN2K47</i>					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>					
b)	Nature of the transaction	<i>Purchases of shares</i>					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td><i>NOK 33.5037</i></td><td><i>2585</i></td></tr></table>		Price(s)	Volume(s)	<i>NOK 33.5037</i>	<i>2585</i>
Price(s)	Volume(s)						
<i>NOK 33.5037</i>	<i>2585</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2026-06-01</i>					
f)	Place of the transaction	<i>Oslo Stock Exchange</i>					
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>					

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Anita Hommedal</i> <i>N/A</i>					
2	Reason for the notification						
a)	Position/status	<i>Deputy employee board representative</i>					
b)	Initial Notification Amendment	<i>Initial notification</i>					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	<i>Vår Energi ASA</i>					
b)	LEI	<i>549300LIVN3FFOJN2K47</i>					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>					
b)	Nature of the transaction	<i>Purchases of shares</i>					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td><i>NOK 33.5037</i></td><td><i>561</i></td></tr></table>		Price(s)	Volume(s)	<i>NOK 33.5037</i>	<i>561</i>
Price(s)	Volume(s)						
<i>NOK 33.5037</i>	<i>561</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2026-06-01</i>					
f)	Place of the transaction	<i>Oslo Stock Exchange</i>					
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>					

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Matthieu Marcel Jacques Nicolas Angeli N/A					
2	Reason for the notification						
a)	Position/status	Deputy employee board representative					
b)	Initial Notification Amendment	Initial notification					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Vår Energi ASA					
b)	LEI	549300LIVN3FFOJN2K47					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772					
b)	Nature of the transaction	Purchases of shares					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>NOK 33.5037</td><td>2422</td></tr></table>		Price(s)	Volume(s)	NOK 33.5037	2422
Price(s)	Volume(s)						
NOK 33.5037	2422						
d)	Aggregated information — Aggregated volume — Price	N/A					
e)	Date of the transaction	2026-06-01					
f)	Place of the transaction	Oslo Stock Exchange					
g)	Additional Information	Allocation of bonus shares under share saving programme for 2023					

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Martha Skjæveland</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 33.5037</i></td> <td><i>1352</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 33.5037</i>	<i>1352</i>
Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>1352</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				