

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Torger Rød</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>COO</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 33.5037</i></td> <td><i>11036</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 33.5037</i>	<i>11036</i>
Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>11036</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Tone Rognstad</i> <i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP People & Communication</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 33.5037</i></td> <td><i>4120</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 33.5037</i>	<i>4120</i>
Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>4120</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Ellen Waldestrand Hoddell</i> <i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP Safety & Sustainability</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchase of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th><th>Volume(s)</th></tr> </thead> <tbody> <tr> <td><i>NOK 33.5037</i></td><td><i>3311</i></td></tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 33.5037</i>	<i>3311</i>
Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>3311</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Jan Inge Nesheim</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>1428</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Lilli Sahlman Fagerdal</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>667</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Carl Anders Olof Kjörling</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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b)	Nature of the transaction	<i>Purchases of shares</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>2542</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Terje Bondhus</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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b)	Nature of the transaction	<i>Purchases of shares</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>2547</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Jann Idar Dillern Johansen</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>483</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Kjersti Elen Aanderaa</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>1411</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Finn Volrat Pettersen</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>1345</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Veronica Orvedal-Kiil</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>2292</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Hans Erik Kolstrup Hansen</i> N/A				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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b)	Nature of the transaction	<i>Purchases of shares</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>2585</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Anita Hommedal</i> N/A				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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b)	Nature of the transaction	<i>Purchases of shares</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>561</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Matthieu Marcel Jacques Nicolas Angeli</i> N/A				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>2422</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Martha Skjæveland</i> <i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
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Price(s)	Volume(s)					
<i>NOK 33.5037</i>	<i>1352</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2026-06-01</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Allocation of bonus shares under share saving programme for 2023</i>				