

**NOTIFICATION OF TRANSACTIONS BY PERSONS DISCHARGING MANAGERIAL
RESEPNOSIBILITIES (PDMR) AND PERSONS CLOSELY ASSOCIATED WITH THEM**

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Charles MacBain	
2	Reason for the notification		
a)	Position/status	CEO	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor		
a)	Business name	Nordhealth AS	
b)	LEI code	549300DMI437CP0K2C23	
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted		
a)	Description of the financial instrument/type of instrument Identification code	Derivatives linked to the shares in Nordhealth with ISIN: NO0011002651	
b)	Nature of the transaction	Entering into derivative contract/assigning derived rights (1:1) to shares issued by Nordhealth AS	
c)	Price(s) and volume(s)	Currency	Price(s)
		USD	0
		Volume(s)	761,178 derivatives
d)	Aggregated information - Aggregated volume - Aggregated price	761,178 derivatives for an aggregated price of USD 0	
e)	Date of the transaction	2026-03-26	
f)	Place of the transaction	XOFF – Outside a trading venue	

NOTIFICATION OF TRANSACTIONS BY PERSONS DISCHARGING MANAGERIAL RESEPONSIBILITIES (PDMR) AND PERSONS CLOSELY ASSOCIATED WITH THEM

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Hallmar Investments Ltd.	
2	Reason for the notification		
a)	Position/status	The transaction is undertaken by a closely associated enterprise (legal person) to the PDMR, Charles MacBain, CEO in Nordhealth AS	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor		
a)	Business name	Nordhealth AS	
b)	LEI code	549300DMI437CP0K2C23	
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted		
a)	Description of the financial instrument/type of instrument Identification code	Derivatives linked to the shares in Nordhealth with ISIN: NO0011002651	
b)	Nature of the transaction	Entering into derivative contract/receiving derived rights (1:1) to shares issued by Nordhealth AS	
c)	Price(s) and volume(s)	Currency	Price(s)
		USD	0
		Volume(s)	380,589 derivatives
d)	Aggregated information - Aggregated volume - Aggregated price	380,589 derivatives for an aggregated price of USD 0	
e)	Date of the transaction	2026-03-26	
f)	Place of the transaction	XOFF – Outside a trading venue	

NOTIFICATION OF TRANSACTIONS BY PERSONS DISCHARGING MANAGERIAL RESEPONSIBILITIES (PDMR) AND PERSONS CLOSELY ASSOCIATED WITH THEM

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Marcy McCall MacBain	
2	Reason for the notification		
a)	Position/status	The transaction is undertaken by a closely associated person to the PDMR, Charles MacBain, CEO in Nordhealth AS	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor		
a)	Business name	Nordhealth AS	
b)	LEI code	549300DMI437CP0K2C23	
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted		
a)	Description of the financial instrument/type of instrument Identification code	Derivatives linked to the shares in Nordhealth with ISIN: NO0011002651	
b)	Nature of the transaction	Entering into derivative contract/receiving derived rights (1:1) to shares issued by Nordhealth AS	
c)	Price(s) and volume(s)	Currency	Price(s)
		USD	0
		Volume(s) 126,863 derivatives	
d)	Aggregated information - Aggregated volume - Aggregated price	126,863 derivatives for an aggregated price of USD 0	
e)	Date of the transaction	2026-03-26	
f)	Place of the transaction	XOFF – Outside a trading venue	

NOTIFICATION OF TRANSACTIONS BY PERSONS DISCHARGING MANAGERIAL RESEPONSIBILITIES (PDMR) AND PERSONS CLOSELY ASSOCIATED WITH THEM

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Alexandra MacBain	
2	Reason for the notification		
a)	Position/status	The transaction is undertaken by a closely associated person to the PDMR, Charles MacBain, CEO in Nordhealth AS	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor		
a)	Business name	Nordhealth AS	
b)	LEI code	549300DMI437CP0K2C23	
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted		
a)	Description of the financial instrument/type of instrument Identification code	Derivatives linked to the shares in Nordhealth with ISIN: NO0011002651	
b)	Nature of the transaction	Entering into derivative contract/receiving derived rights (1:1) to shares issued by Nordhealth AS	
c)	Price(s) and volume(s)	Currency	Price(s)
		USD	0
		Volume(s)	126,863 derivatives
d)	Aggregated information - Aggregated volume - Aggregated price	126,863 derivatives for an aggregated price of USD 0	
e)	Date of the transaction	2026-03-26	
f)	Place of the transaction	XOFF – Outside a trading venue	

**NOTIFICATION OF TRANSACTIONS BY PERSONS DISCHARGING MANAGERIAL
RESEPONSIBILITIES (PDMR) AND PERSONS CLOSELY ASSOCIATED WITH THEM**

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Tara Kathleen MacBain	
2	Reason for the notification		
a)	Position/status	The transaction is undertaken by a closely associated person to the PDMR, Charles MacBain, CEO in Nordhealth AS	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor		
a)	Business name	Nordhealth AS	
b)	LEI code	549300DMI437CP0K2C23	
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted		
a)	Description of the financial instrument/type of instrument Identification code	Derivatives linked to the shares in Nordhealth with ISIN: NO0011002651	
b)	Nature of the transaction	Entering into derivative contract/receiving derived rights (1:1) to shares issued by Nordhealth AS	
c)	Price(s) and volume(s)	Currency	Price(s)
		USD	0
		Volume(s)	126,863 derivatives
d)	Aggregated information - Aggregated volume - Aggregated price	126,863 derivatives for an aggregated price of USD 0	
e)	Date of the transaction	2026-03-26	
f)	Place of the transaction	XOFF – Outside a trading venue	