1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Fredrik Nordh		
2	Reason for the notification	n		
a)	Position/status	SEVP Tolling division, primary insider		
b)	Initial notification/Amendment	Initial notification		
3	Details of issuer			
a)	Name	Q-Free ASA		
b)	LEI	5967007LIEEXZXK6O086		
4		d(s): section to be repeated for (i) each type of instrument; (ii) each type date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Derivative/stock options. The options have no separate identification code, but are related to the shares in Q-Free ASA with ISIN NO0003103103.		
b)	Nature of the transaction	Exercise of stock options with cast settlement. The transaction is linked to the exercise of a share option programme.		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		NOK 8.52	228,991	
		NOK 11.93	163,565	
d)	Aggregated information — Aggregated volume — Price	392,556 stock options exercised for a total strike price of NOK 3,902,334, resulting in a one-time cash settlement in accordance with an option agreement.		
e)	Date of the transaction	2023-10-03		
f)	Place of the transaction	Outside a trading venue		