



## Get involved - students gear up for Student Volunteering Week

Students at Southampton Solent University are gearing up for Student Volunteering Week 2015, a national campaign that takes place from 23 February.

Organised by Solent Students' Union, students will be able to get involved in numerous activities to help make a difference in the local community.

Activities will take place both on campus and in the community, from a fayre to find out about volunteering opportunities, helping out at the Down to Earth Community Farm in Southampton to a 'Doctor Bike' cycle surgery and working with students at the University of Portsmouth to do a beach clean at Langstone Beach.

Vice President of Student Engagement, Hannah Mullarky, says: "There are some great volunteering projects going on in Southampton and this is a great way for students to contribute to our community. It will be a busy week with lots to do."

"Volunteering provides a range of opportunities that can support learning, enhance academic studies and help gain practical experience. It's also a great way to have some fun and meet different people" she continues.

Southampton Solent University is one of 100 universities and FE colleges across the UK taking part in Student Volunteering Week and Solent Students' Union was one of 10 volunteering centres to receive a Student Volunteering Week event grant to help make their ideas a reality.

As part of Student Volunteering Week 2014, students volunteered more than 70 hours of their time for Good Deed Day.

Student Volunteering Week brings together individuals and organisations across the UK to raise awareness of the value of student volunteering, celebrate the positive impact made by volunteers in their communities and inspire more students to get involved and make a difference in society.

To get involved in Student Volunteering Week 2015, email [student.involvement@solent.ac.uk](mailto:student.involvement@solent.ac.uk).

FOR FURTHER INFORMATION CONTACT THE MEDIA OFFICE ON 023 8201 3642 or [press.office@solent.ac.uk](mailto:press.office@solent.ac.uk)

### About Southampton Solent University

Southampton Solent University offers more than 23,000 students over 200 qualifications ranging from HND to PhD, in subjects such as maritime education and training, fashion and design, media and television, music, health, sport and leisure, business, IT and technology. The University was awarded the 2013 Quality Assurance kitemark for quality and standards of teaching and learning. Solent was voted one of the most creative universities in the UK in a Which? University 2014 poll of students. Solent Business School has been awarded the Small Business Charter Award, which is supported by the Association of Business Schools and the Department for Business, Innovation and Skills and 'gold approval' by the Association of Chartered Certified Accountants (ACCA).