



AMERICAN SOCIETY OF
PLASTIC SURGEONS®

Women More Sexually Satisfied After Breast Augmentation

New ASPS Study Examines Four Areas of Sexual Health Before and After Surgery

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ARLINGTON HEIGHTS, Ill. – Many studies have shown that breast augmentation is a highly gratifying procedure for women, but can it increase sexuality? According to a new study being presented at [Plastic Surgery The Meeting](#), the annual scientific meeting of the [American Society of Plastic Surgeons](#) (ASPS), Oct. 11-15, in San Diego, women experience a significant boost in both arousal and sexual satisfaction following breast augmentation surgery.

“These findings provide a better understanding of how breast augmentation can affect patients’ sexual health,” said David Reath, MD, ASPS Public Education Committee chair. “We know breast augmentation can enhance a woman’s self-image, self-confidence, and quality of life. Sexuality is a significant component to quality of life.”

In the study, 45 breast augmentation patients were given a female sexual quotient questionnaire – a measurement tool used to evaluate sexuality – prior to surgery and two, four, and 18 months after surgery, to determine the impact the procedure had on their sexual health. Four areas of sexuality were examined: sexual desire, arousal, vaginal atrophy and sexual satisfaction. Patients reported a statistically significant increase in both sexual satisfaction and arousal at four and 18 months following surgery, as compared to preoperative values.

“More than 286,000 breast augmentations were performed last year,” said Dr. Reath. “While many studies focus on the success of treatment from a clinical or surgeon’s perspective, this study further proves that a woman’s satisfaction with her breasts, and breast augmentation, is directly tied to her femininity and sexuality.”

Earlier this year, a [study](#) published in [Plastic and Reconstructive Surgery](#) journal found that 98 percent of women who underwent breast augmentation surgery said the results met or exceeded their expectations. According to ASPS statistics, breast augmentation was the top cosmetic surgical procedure performed last year.

The study, “Female Sexual Quotient in Patients after Breast Augmentation,” is being presented in electronic format, Oct. 12-14, at the San Diego Convention Center.

Reporters can [register](#) to attend Plastic Surgery The Meeting, or arrange interviews with presenters, by contacting ASPS Public Relations at (847) 228-9900, media@plasticsurgery.org or in San Diego, Oct. 11-15, at (619) 525-6330.

About ASPS

The American Society of Plastic Surgeons (ASPS) is the world's largest organization of board-certified plastic surgeons. Representing more than 7,000 Member Surgeons, the Society is recognized as a leading authority and information source on aesthetic and reconstructive plastic surgery. ASPS comprises more than 94 percent of all board-certified plastic surgeons in the United States. Founded in 1931, the Society represents physicians certified by The American Board of Plastic Surgery or The Royal College of Physicians and Surgeons of Canada. ASPS advances quality care to plastic surgery patients by encouraging high standards of training, ethics, physician practice and research in plastic surgery. You can learn more and visit the American Society of Plastic Surgeons at [PlasticSurgery.org](#) or [Facebook.com/PlasticSurgeryASPS](#) and [Twitter.com/ASPS_News](#).

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