



Rejlers is one of the largest engineering consultancy firms in the Nordic region. Our 2,000 experts work with projects in the areas of Building and property, Energy, Industry and Infrastructure. At Rejlers, you will meet specialist engineers with the knowledge, cutting edge expertise and energy to achieve results. We are still experiencing rapid growth and can now be found in 80 locations in Sweden, Finland and Norway. Rejlers recorded revenue of SEK 1.9 billion in 2015 and its class B share is listed on NASDAQ Stockholm.

Press release
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Torbjörn Eriksson is Health-promoting Manager of the Year

This year, the award for 'Health-promoting Manager of the Year' goes to Torbjörn Eriksson, CEO and founder of Tenant & Partner. Rejlers, together with Chef magazine, is behind the award which was awarded yesterday during the Chefgalan (Manager of the Year) at Grand Hotel, Stockholm.

Motivation

'With whole-hearted commitment and structured work on people's health, this manager has created an inclusive and friendly sense of togetherness. Finding the balance between exercise and mindfulness creates a holistic mindset about health. Sleep, nutrition, exercise and success are integrated into both the management's and company's DNA.'

"I have been able to successfully create a workplace culture that is characterised by a consideration of health. We have introduced a number of health activities which focus on both physical and mental health. This includes everything from the opportunity to exercise during work hours and access to a gym at work, to learning about mindfulness and lectures on nutrition and health," says Torbjörn Eriksson.

Rejlers presents the award

Three years ago, Rejlers President and CEO Peter Rejler was awarded Health-promoting Manager of the Year. This year, he was chosen to present the award to Torbjörn Eriksson.

"Healthy, happy employees at Rejlers will spread that energy on to customers and colleagues, which creates a positive spiral. We actively focus on health issues, as we believe that it makes employees feel better and be more able to cope with the challenges they face, both at work and in their private lives. The award for Health-promoting Manager of the Year recognises the contributions of those role models who, through their leadership, have affected the wellbeing and results of both employees and the organisation. We are therefore proud to support this award," says Peter Rejler.



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About the award:

Health-promoting Manager of the Year is awarded to a manager who has a strategic approach to physical activity and holistic health, and who creates lasting opportunities for health improvement. Through their health-promotion and committed leadership, the winning manager increases the performance, success and well-being of not only the employees but also the company.

The following people were also candidates nominated for Health-promoting Manager of the Year: Ylva Lindahl, Unit Manager/preschool director, SDF Östra Göteborg, Tommy Sarenbrant, CEO, B3IT Innovation.

In addition to Health-promoting Manager of the Year, prizes were also awarded for Manager of the Year, Leadership Developer of the Year, Future Manager of the Year, HR Manager of the Year, along with Chefgalan's Honorary Special Recognition prize.

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