



The Balancing Act® airing on Lifetime TV Talks Wild Tea, Skin Care Cure, Healing Honey, and Smart Seafood

Honeybrush Health Tea, Enza Skin Care Essentials, Comvita, and Shining Ocean Take Center Stage on the March 25th Show

(Pompano Beach, FL – CISION – March 24, 2014) Award-winning morning show The Balancing Act® airing on Lifetime® TV welcomes some of the hottest names in wild teas to help fight against diabetes, skin care products, healthy honey, and imitation crab and lobster to the show. Make sure to tune in on Tuesday, March 25th or April 1st at 7:00 a.m. (ET/PT) as The Balancing Act hosts help jump start the day with animated conversation, and trusted information to empower a woman's life.

Don't miss these featured segments taking center stage on The Balancing Act:

- **Help Fight Diabetes with Honeybrush Health Tea**

In the US 25 million people are living with diabetes and another 60 million are projected to be pre-diabetic. Because of all the extra sugars in food, the incidence of pre-diabetes and obesity are sky-rocketing. Honeybush is a South African herb that is 100% natural and organic. Join Dr. Alister Frayne, a physician and co-founder of Honeybush Health, Ltd, and Julie Daniluk, a world renowned author and nutritionist as they discuss the alarming growth of diabetes and obesity and how Honeybush Health has great potential in helping people manage their risk of developing these illnesses. www.honeybushhealth.com

"When our company was approached by the Balancing Act after the World Tea Expo in Vegas, it was an ideal opportunity to spread our Honeybush Health message. The show reaches a vast audience, and highlights the critical healthcare issues of our time. We hope to be part of the solution," said Dr. Alister Frayne.

- **One Size Doesn't Fit All with Enza Skin Care Essentials**

Ethnicity, hormones, lifestyle, and age all should be taken into account when choosing a skin care. Enza Skin Care Essentials line was founded over 18 years ago but is still using top technology to design skin treatments perfect to each skin with all those factors into account. Join Dr. Joseph Rucker, a practicing plastic surgeon and skin care consultant to Hollywood's leading ladies and Kristine Rucker, President of Enza Essentials by RUCKER MD, as they discuss a skin care line made for the individual woman. www.enza.com

- **Honey that's Healing with Comvita**

Honey isn't just something you put in your tea – and not all honey is created equal. Manuka honey from New Zealand is found to have remarkable antibacterial activity and healing properties dating back 150 million years. The unique properties are called 'UMF', 'Unique Manuka Factor'. Join Manuka honey expert Kylie Glover from Comvita as we learn about the healing properties of this special honey. www.comvita.com

- **Seafood the Smart Way with Shining Ocean**

More and more people are turning to fish products like imitation crab or lobster which is actually made from high quality white fish, Alaskan Pollock and Pacific Whiting, to incorporate into their everyday meals. Shining Ocean's Crab Smart and Lobster Smart can be good for one's health with 400 mg of beneficial Omegas 3 fatty acids (EPA and DHA) beneficial for heart, brain and eye health. Join Robert Bleu, President of Shining Ocean, as he discusses the health benefits of using Crab Smart and Lobster Smart and cooks up unique recipes in the Balancing Act kitchen. www.kanimi.com

About The Balancing Act® airing on Lifetime Television

Now in its 6th year, The Balancing Act® continues to empower women in all aspects of their lives. The mission at The Balancing Act is simple - the show strives to help today's modern woman balance it all by bringing them exceptional solutions to everyday problems. Entertaining, educational and trusted by women, viewers can tune in to America's premier morning show The Balancing Act on weekday mornings at 7:00 am (ET/PT) airing on Lifetime television. For additional information or to view a segment visit: www.thebalancingact.com

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