



Star Trek Star J.J. Abrams Boldly Goes to Red Carpet with Julie Moran for Hollywood Watch on The Balancing Act® on Lifetime TV

Stars Bruce Greenwood and John Cho also take on new Enterprise by revealing inside scoop to Julie Moran at "Star Trek Into Darkness" movie premier for new The Balancing Act®, Feature "Hollywood Watch"™

(Pompano Beach, FL – CISION – June 12, 2013) **Hollywood Watch™ with Julie Moran** boldly goes to the red carpet at the Premier of the **Star Trek into Darkness** movie to shine the spotlight on three of the movies' earthly bright stars -- **Bruce Greenwood, John Cho,** and one of the hottest directors in Hollywood, **J.J. Abrams** -- for this week's edition of The Balancing Act's® new celebrity scoop feature.

Viewers can beam into the captains' chairs and catch the latest "buzz" around the A-list celebs of the Enterprise crew as they dish about their movie **Star Trek Into Darkness** on Friday, June 14th at 7:00 am (ET/PT) on The Balancing Act on Lifetime Television.

Host Julie Moran gets up close and personal on the red carpet in lively and fun interviews with Director **J.J. Abrams** and the cast's leading men **Bruce Greenwood**, who plays Pike, and **John Cho**, who takes on the role of Sulu. Tune in to discover what they think brings people back to the iconic Star Trek franchise after a large space of time.

Moran, known for her in-depth interviews with celebrities as a senior correspondent and anchor of *Entertainment Tonight*, continues to keep her finger on the pulse of all the Hollywood excitement for **Hollywood Watch with Julie Moran** so viewers won't miss a beat.

"It's fantastic to bring a bit of Hollywood, the premiers, the parties, the one-on-one exclusives to our Balancing Act® fans every week on my Hollywood Watch," says Moran.

Hollywood Watch with Julie Moran is a new weekly segment series on The Balancing Act that puts viewers center stage to give them the latest celebrity buzz and breaking entertainment news. The spotlight shines on the stars -- of movies, TV and music -- who love to dish about their upcoming movies, concerts, latest gossip on the set and on the road, and what's happening in their personal lives.

Tune in to watch your favorite celebs from Tinseltown to New York and beyond on Hollywood Watch™ with Julie Moran every Friday at 7 am (ET/PT) on The Balancing Act® on **Lifetime Television**.

About The Balancing Act® on Lifetime Television

Now in its 6th year, The Balancing Act® continues to empower women in all aspects of their lives. The mission at The Balancing Act is simple - the show strives to help today's modern woman balance it all by bringing them exceptional solutions to everyday problems. Entertaining, educational and trusted by women, viewers can tune in to America's premier morning show The Balancing Act on weekday mornings at 7:00 am (ET/PT) on Lifetime television.

For additional information or to view a segment visit: www.thebalancingact.com

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