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Images, video, interviews with director / artists and by-line articles are available.

## EXPERIENCE ART IN NATURE

*Trails & Vistas announces 10th anniversary art hikes*

**Pacific Crest Trail on Donner Summit, Tahoe National Forest on Sept. 7 and 8, 2013**

**WHAT:** Trails & Vistas 10th anniversary art hikes

**THEME:** Reflections

**WHEN:** Saturday, Sept. 7 and Sunday, Sept. 8, 2013

**WHERE:** Pacific Crest Trail on Donner Summit, Tahoe National Forest (near Boreal Ski Resort)

**COST:** \$30 adults, \$10 children

**TICKETS:** Available at [TrailsandVistas.org](http://TrailsandVistas.org). Tickets go on sale on Earth Day, April 22.

**INFORMATION:** [TrailsandVistas.org](http://TrailsandVistas.org)

Truckee, CA – March 27, 2013 - Trails & Vistas unites live music, dance, storytelling, sculpture and painting with the natural environment to create one of a kind art hikes in the Sierra Nevada. On Sept. 7 & 8, 2013 attendees from around the country will hike along the Pacific Crest Trail on Donner Summit in the Tahoe National Forest for Trails & Vistas 10th anniversary. The theme for the art hikes is “Reflections.”

“We are very excited to bring a depth of talent in dance, art and music from around the world to this magical trail with alpine lakes and glacier boulders,” said Nancy Tieken Lopez, executive and co-artistic director of Trails and Vistas. “We are lucky to have worked with so many talented artists since we began the art hikes in the Truckee and Lake Tahoe region. We have asked a number of artists to return, to help us honor the past and celebrate our 10th year anniversary.”

In addition to the art hikes, Trails & Vistas 10<sup>th</sup> anniversary concert will take place at the Truckee Regional Park Amphitheatre from 6 to 9:30 p.m. on Saturday, Sept. 7.

### THE ART HIKES

More than 30 participating artists including musicians, dancers, poets, singers and visual artists will perform aside stunning alpine lakes, next to a cathedral of pines and with breathtaking vistas as a backdrop. Artists include internationally acclaimed Angelika who sings songs and healing chants in ancient Sanskrit; Ian Ethan Case, a musician of the double-neck guitar and African Kalimba, whose rhythmic and melodic sounds are both innovative and deeply rooted in tradition; and Capacitor Dance, whose performance weaves seamlessly around the boulders and into the trees, among many others.

“We believe that the arts transform the human experience, that art is a gift to be shared. We proudly support this annual event,” explains Elizabeth Archer, InnerRhythms executive director and the co-artistic director of the Trails & Vistas art hikes.

Each hiker is encouraged to slow down, breathe deeply and listen to the language of nature during Trails & Vistas. Art hikes will be offered every 15 minutes from 10 a.m. to 12:30 p.m. on Sept. 7 and 8. Specialty hikes include family hikes for those hiking with children, meditative hikes for those wanting an especially quiet and spiritual connection (adults only) and leisurely hikes for those who prefer or need a slower pace. Tickets will go on sale on April 22, Earth Day. Advance purchase is highly recommended (the event has sold out every year). Tickets cost \$30 for adults and \$10 for children. The art-hike lasts approximately 3 hours.

### 10th ANNIVERSARY CONCERT

Trails & Vistas will be offering a lively and memorable evening concert at the Truckee Amphitheatre as part of the 10<sup>th</sup> anniversary celebration. Attendees will enjoy the visually intriguing performance by double-neck

guitarist Ian Ethan Case, Reno Taiko Tsurunokai, a Japanese drum group based in Reno, NV and the forty-piece San Jose State Symphony Orchestra plus an opening act by the award-winning Native American Flutist Ann Licater from the San Francisco Bay area. Gates open at 5 p.m. and music starts at 6 p.m. on Saturday, September 7. Art hike attendees can take advantage of a 50% discount (\$10) for the concert when purchasing art hike and concert ticket online. Non-hikers can experience the world music concert for \$20 advance/\$30 at the door.

#### **ABOUT TRAILS & VISTAS**

Trails & Vistas is a 501 c 3 nonprofit organization that seeks to create art experiences in nature that inspire environmental awareness. Trails & Vistas' annual art hikes are a collaborative effort led by Founder / Artistic Director Nancy Tieken Lopez and Co-Director Elizabeth Archer with vital support from volunteers and regional organizations including the Truckee Donner Land Trust, InnerRhythms Dance Theatre and the KidZone Children's Museum. The first art hike was created as Tieken-Lopez' thesis project in 1994. After moving to Truckee, she expanded the art hikes to form Trails & Vistas with Elizabeth Archer from InnerRhythms. Trails & Vistas hikers have experienced art in nature in Gregory Creek Canyon, Azalea Lake, Donner Ski Ranch, Tahoe Donne, Squaw Valley, Shirley Canyon, Spooner Lake and Summit Lake.

To volunteer, sponsor the art hikes and purchase tickets, visit [trailsandvistas.org](http://trailsandvistas.org).

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Online resources include TrailsandVistas.org and web sites for the featured artists:

- o <http://www.fluteforthesoul.com/>
- o <http://ianethan.com>
- o <http://www.renotaiko.com>
- o [http://www.sjsu.edu/music/current\\_students/degree\\_plans/ensembles/orchestra/](http://www.sjsu.edu/music/current_students/degree_plans/ensembles/orchestra/)