



12<sup>th</sup> December 2013

### **Relish South West offers a Treat for Fine Diners**

Four Cornish chefs have come up with the perfect recipe for Christmas – after helping to launch a prestigious new recipe book featuring the finest chefs of the South West.

The new Relish South West Book features the region's most illustrious cooks, including the multi-award-winning, two-Michelin-starred Michael Caines, of Gidleigh Park, in Devon.

And the title gives star billing to four Cornish chefs: Dave Trewin, at Samphire, in Falmouth; Tom Symons, at The Old Coastguard, at Penzance; Anton Buttery, from Langmans, in Callington; and father and son Adam and Kevin Hartley, at An Boesti, at St Mellion, near Plymouth.

It has been published by Relish Publications, which has created a series of fine dining guides around the UK. The book was launched yesterday (11<sup>th</sup> December) at the Bath Priory, in Bath, by Relish owners Duncan and Teresa Peters and chefs from across the region.

Mr Trewin said he was delighted to feature in the book. He said: "We're very proud of what we do at Samphire and to be given the opportunity to showcase our work in one of the UK's most prestigious fine dining guides is a real privilege."

Mr Symons added that the calibre of chefs was extremely high. "We're delighted to feature in Relish South West. We had plenty of space in the book to tell people what we're all about, why we love the South West and we were also able to showcase three of our unique recipes. It will make a great Christmas present for our guests."

Michael Caines said the book showcased the great produce and restaurants of the South West region.

He said: "As a Devon boy, I have always felt the importance of supporting local producers. In a rural area, that helps local communities to thrive and keeps businesses and families in the region. The South West continues to lead the UK in high quality, authentic cooking with locally sourced ingredients and that's what makes it special."

Publisher Duncan Peters said Relish South West was the perfect showcase. He said: "The region really drives for perfection and there is a real sense that supporting local producers and using locally-sourced premium quality products is at the heart of the philosophy of many of the great chefs."

Relish general manager Teresa Peters added: "This has been one of our best books and we are thrilled to be showcasing the finest chefs of the South West. The book is out just in time for Christmas and makes an excellent gift."

Further details are available from [www.relishpublications.co.uk](http://www.relishpublications.co.uk)

**For further information please contact Mark Carton at Lateral Advertising on 0191 5641444 or email [mark@lateraladvertising.co.uk](mailto:mark@lateraladvertising.co.uk)**