



The Producers of Designing Spaces Announce a New Original Cooking Series to Premier on Lifetime Television

Original Cooking Series with Celebrity Host Chef Ralph Pagano Gets Set to Mix Things Up at The International Culinary School at the Art Institute of Fort Lauderdale.

Pompano Beach, FL (August 8, 2012) From the producers of the award winning home improvement show **Designing Spaces**, comes **All Mixed Up** an original cooking contest with more than a few twists. Hosted by Celebrity Chef and TV personality **Ralph Pagano**, and shot on location at **The International Culinary School at The Art Institute of Fort Lauderdale**, one of the unique aspects of **All Mixed Up** is that the contestants aren't professional chefs - yet.

Three students from **The International Culinary School at The Art Institute of Fort Lauderdale** were chosen to compete for the chance to be crowned "All Mixed Up Champion", a title that's sure to earn them more than a few extra credit points in the kitchen.

The three part series **All Mixed Up** takes the traditional cooking contest show format and truly mixes it up by featuring culinary students competing instead of professional chefs. While the contestants set out to make not one but three award winning original recipes with ingredients from some of America's best known brands, world-renowned chef and television personality **Ralph Pagano** will oversee, educate and challenge them to see who can really handle the heat in the kitchen at **The International Culinary School of the Art Institute of Fort Lauderdale**.

Pagano, Executive Chef and Director of Hospitality of the **Solé on the Ocean Resort and Spa** in Sunny Isles, Florida including his signature seaside Italian restaurant **ALBA** is no stranger to cooking shows. Some of his television appearances include battling Bobby Flay on **Iron Chef America**, going to hell and back with Gordon Ramsay on **Hell's Kitchen** and hosting his own show **Pressure Cook** on the Travel Channel. Combine that with his over two decade's worth of experience and his signature cooking style of taking classic dishes and **re-mixing** them, Pagano is the perfect fit as the dynamic host of **All Mixed Up**.

The debut of the **All Mixed Up** TV series will feature the well-known brands **Formaggio Cheese**, **Kozy Shack** pudding and **Nestlé® USA**. Top representatives from each brand serve as the panel of judges, determining who was able to create a unique recipe with the secret ingredients they supply. The stakes are high when you are being judged by the likes of "The Big Cheese" on creating an original desert from his famous cheese. What about using America's favorite **Nestle Toll House** chocolate products to create an award-winning entrée? Can the students rise to the culinary challenge? Find out when you tune in Thursday September 7th 7:30am (ET/PT) for the premiere of **All Mixed Up** on Lifetime Television.

To learn more and view a promo of the show please visit: <http://www.allmixedup.tv> or <http://www.cisionwire.com/all-mixed-up>

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For more information and interview requests:

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ABOUT ALL MIXED UP:

The producers of **Designing Spaces** proudly present **All Mixed Up**, a reality-based cooking series that premieres on Lifetime Television September 7th 2012 at 7:30 am (ET/PT).

All Mixed Up is a half-hour reality show that combines the perfect mix of ingredients for food competition, food history and culinary adventure. Hosting the show is **Ralph Pagano**, world-renowned chef and culinary celebrity. Three up and coming student chefs compete before a panel of judges by taking America's favorite brands and turning them into three unique three-course meals. The chefs must complete an appetizer, entrée, and a dessert in 30 minutes and will be judged on recipe originality, presentation and taste. Who will win the competition? Who will survive being "All Mixed Up?"

For more information please visit us at:

www.designingspaces.tv or www.allmixedup.tv

ABOUT THE INTERNATIONAL CULINARY SCHOOLS AT THE ART INSTITUTES:

The International Culinary Schools at The Art Institutes is North America's largest system of culinary programs offered at over 35 Art Institutes schools. Programs, credential levels, technology, and scheduling options vary by school. Financial aid is available to those who qualify. Several institutions of The Art Institutes system are campuses of South University or Argosy University. Administrative office: 210 Sixth Avenue, 33rd Floor, Pittsburgh, PA 15222 ©2012 The Art Institutes International LLC. OH Registration # 04-01-1698B; AC0165, AC0080; Licensed by the Florida Commission for Independent Education, License No. 1287, 3427, 3110, 2581

The Art Institute of Fort Lauderdale is located at 1799 S.E. 17th Street, Fort Lauderdale, FL.