



SKI AND.....DANCE, LAUGH, COOK

Ski and spa, ski and city or ski and shopping are all winning combinations, enjoyed by countless people every year, but what about something just a little bit different? Take a look at the following suggestions from the Tirol Tourist Board to really maximise your holiday experience.....whether you want to ski and dance, ski and cook, ski and yoga or ski and have a right good belly laugh.

SKI & DANCE

With the glitter and glam of *Strictly Come Dancing* back on our screens, dance fever is there to guide us through another dark winter. If you can't get enough watching it on our screens then why not try a ski and dance holiday for something a bit different. [Club Dance Holidays](#) is the largest provider of dance breaks worldwide and is offering a Ski-Jive holiday to Niederau in the Wildschönau from the 9th – 16th March 2014. Combine high-energy dance classes and evening parties with time on the slopes exploring the newly connected Ski Juwel ski area, with access to 145km of pistes. The dancing is suitable for dancers with some experience through to advanced dancers.

How much?

Club Dance Holidays (020 7099 4816; www.clubdanceholidays.co.uk) has 7 nights on half board at the 3* Hotel Staffler in Niederau with prices starting from £590 per person*, including free daily guiding for intermediate skiers, all inclusive pass to the seven-night Ski-Jive event, flights and resort transfers. Departs 9th March. *Book before 7th November 2013 to secure the earlybird price.

SKI & COMEDY

It's back for another year, the Altitude Comedy Festival will once again bring laughter to the slopes of Mayrhofen from 31st March – 4th April 2014. It provides the ultimate winning combination, spending the day on the slopes skiing or snowboarding followed by lively comedy entertainment at various venues around Mayrhofen. With the big 2014 announcement coming shortly, another successful year looks guaranteed if the line-up is anything like previous years. Curated by Andrew Maxwell, the Altitude experience boasts a staggering array of talent with previous names including John Bishop, Marcus Brigstocke, Al Murray and Phil Jupitus to name a few.

How much?

Outgoing (0845 331 3040; www.outgoing.co.uk) has 4 night's accommodation on B&B in Mayrhofen, with prices starting from £349 per person, including Altitude Festival wristband. Daily flights are available with easyJet from Gatwick to Innsbruck, up to 5 times a week with British Airways from Gatwick or fly with Monarch from Manchester up to 3 times a week. Departs 31st March.

SKI & YOGA

Located in Steinberg, perched high above Lake Achensee, the [ASI lodge](#) is a unique design hotel and the perfect place to switch off from fast-paced life and digital distraction. Perfectly adapted to its natural surroundings, the extensive use of glass makes guests feel they are part of the natural landscape, even from inside the hotel. Amidst some of the most captivating and idyllic surroundings, the hotel offers special winter yoga breaks, with their partner [YOGAdeluxe](#), on selected dates in January, February and March. Boost your energy, master deep breathing techniques and revitalise your inner well-being.

How much?

The 4* ASI Lodge (www.asi-lodge.at; t: +43 5248 26666) has 3 nights starting from €327 per person, in a double room on half board. A yoga workshop of 11 hours spread over a 3 night stay costs €289 per person with YOGAdeluxe. Daily flights are available with easyJet from Gatwick to Innsbruck, up to 5 times a week with British Airways from Gatwick or fly with Monarch from Manchester up to 3 times a week.

SKI & COOK

Located with easy access to the slopes of Kitzbühel, the Relais & Châteaux Hotel Rosengarten in Kirchberg is the brainchild of top Austrian chef Simon Taxacher. On 24th October 2013, his restaurant was awarded 4 toques and 19 points by the 2014 Gault Millau guide, catapulting him to the top of Austria's culinary elite. The award-winning Restaurant R Simon Taxacher holds the reputation as one of the top gourmet spots in the Alps, thanks to Taxacher's innovative French-Mediterranean cuisine and is now one of only four establishments in Austria to hold this exceptional *Gault Millau* rating. The hotel itself combines sophisticated design, with top quality materials and supreme comfort. The ingenious top floor cooking studio and cookery school is a must for any budding *Masterchefs*. With glorious views over the Kitzbühel Alps, the cookery course takes place between 10am and 3pm, including a welcome drink and 5 course lunch at the cookery school, accompanied with corresponding wines.

How much?

A three night stay at the Relais & Châteaux Rosengarten (+43 5357 4201; www.rosengarten-taxacher.com) in Kirchberg starts from €619 per person, in a standard double room, including a one day taster cookery course. During the 2013/14 season the taster cookery course will take place on 15 December, 12 January, 9 February, 15 June, 6 July, 10 August, 7 September.

SKI & SAFETY

Make your skiing holiday a learning holiday too and join one of the **free** Snow & Avalanche Awareness Camps ([SAAC](#)), which were set up to encourage skiers and snowboarders to learn about the mountains. The 2-day basic camps operate throughout the season in over 20 ski resorts across Austria. With a mix of theory and practical learning, the focus is on alpine dangers, improving awareness and increasing an individual's own sense of responsibility. To reserve a place on one of the (English speaking) camps email office@saac.at to check availability or visit www.saac.at to view this season's dates.

How much?

The Basic Camp takes place in St Anton am Arlberg on the 14th/15th December and Ski Safari (www.skisafari.com; 01273 224 067) has 3

nights at the 4* Hotel Post, with prices starting from £619 per person, based on 2 sharing, including flights and resort transfers. Departs Friday 13th December.

For more information on the Tirol region www.visittirol.co.uk or keep updated at www.facebook.com/visittirol or follow [@VisitTirol](https://twitter.com/VisitTirol) on twitter.

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