Disclosure of Portfolio Holdings

BlackRock Income and Growth Investment Trust plc
(LEI – 5493003YBY59H9EJLJ16)

Portfolio Holdings

A full disclosure of portfolio investments for BlackRock Income and Growth Investment Trust plc as at 30 September 2026 has been made available on the Company's website at the link listed below:

http://www.blackrock.com/uk/individual/literature/policies/blk-income-growth-portfolio.pdf

Kevin Mayger
BlackRock Investment Management (UK) Limited
Secretary

Tel: 020 7743 1098

02 November 2026

END