

Director Declaration

BlackRock Income and Growth Investment Trust plc
(LEI - 5493003YBY59H9EJLJ16)

Disclosure pursuant to paragraph 6.4.9(2)R of the Listing Rules
Non-Executive Director Declaration

BlackRock Income and Growth Investment Trust plc ('the Company') hereby gives notification in accordance with Listing Rule 6.4.9(2)R, that Graeme Proudfoot, Chairman and Non-Executive Director of the Company, has been appointed as a Non-Executive Director of BioPharma Credit PLC with effect from today (15 September 2026).

All enquiries:
Kevin Mayger
BlackRock Investment Management (UK) Limited
Company Secretary
Tel: 0207 743 1098

15 September 2026