

Director/PDMR Shareholding

BlackRock Income and Growth Investment Trust plc
LEI - 5493003YBY59H9EJLJ16

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities / person closely associated					
a)	Name	Chrysoula Zervoudakis				
2	Reason for the notification					
a)	Position/status	Non-Executive Director				
b)	Initial notification/Amendment	Initial notification				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	BlackRock Income and Growth Investment Trust plc				
b)	LEI	5493003YBY59H9EJLJ16				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument	Ordinary shares of 1p each (shares)				
	Identification code	GB0030961691				
b)	Nature of the transaction	Purchase of Shares				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>206.8213p</td> <td>4,303</td> </tr> </table>	Price(s)	Volume(s)	206.8213p	4,303
Price(s)	Volume(s)					
206.8213p	4,303					
d)	Aggregated information	n/a (single transaction - see above)				
	- Aggregated volume					
	- Price					

e)	Date of the transaction	2025-07-04
f)	Place of the transaction	London Stock Exchange (XLON)