Disclosure of Portfolio Holdings

BlackRock Income and Growth Investment Trust plc

(LEI: 5493003YBY59H9EJLJ16)

A full disclosure of portfolio investments for BlackRock Income and Growth Investment Trust plc as at 31 December 2024 has been made available on the Company's website at the following link:

http://www.blackrock.com/uk/individual/literature/policies/blk-income-growth-portfolio.pdf

K Mayger For and on behalf of BlackRock Investment Management (UK) Limited Secretary Tel: 020 7743 1098

5 February 2025