Dividend Declaration

BLACKROCK ENERGY AND RESOURCES INCOME TRUST PLC

(LEI:54930040ALEAVPMMDC31)

ANNOUNCEMENT OF QUARTERLY INTERIM DIVIDEND

24 November 2026

The Board of BlackRock Energy and Resources Income Trust plc is pleased to announce that the fourth quarterly interim dividend in respect of the financial year ending 30 November 2026 of 1.65 pence per ordinary share has been declared by the Directors, payable on 5 January 2027 to holders of ordinary shares on the register at the close of business on 4 December 2026 (ex-dividend date is 3 December 2026). The last date for receipt of mandate instructions for those shareholders who wish to join the Dividend Reinvestment Plan is 10 December 2026.

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