1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Nicholas John Robert Walker		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	CEO		
b)	Initial	Initial notification		
	Notification Amendment			
3		er, emission allowance market particip	oant, auction platform, auctioneer or	
, ,	auction monitor	, and the second	F ,	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for (
	type of transactio conducted	n; (iii) each date; and (iv) each pl	ace where transactions have been	
2)	Description of	Shares with ISIN NO 001 1202772		
a)	the financial	Shares with 151N NO 001 1202//2		
	instrument,			
	type of			
	instrument			
	Identification			
	code			
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 31.4587	3792	
d)	Aggregated	N/A		
	information			
	Aggregated			
	volume			
e)	— Price Date of the	2025-12-02		
	transaction	2025-12-02		
f)	Place of the	Oslo Stock Exchange		
	transaction			
g)	Additional			
	Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Torger Rød		
		N/A		
2	Reason for the not	ification		
a)	Position/status	C00		
b)	Initial Notification Amendment	Initial notification	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for one of the control of the c		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 31.4587	3114	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-12-02		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Carlo Santopadre	
		N/A	
_	Reason for the noti	figation	
2		incation	
a)	Position/status	CFO	
b)	Initial Notification	Initial notification	
	Amendment		
3	Details of the issue auction monitor	r, emission allowance market particip	pant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4		saction(s): section to be repeated for n; (iii) each date; and (iv) each pl	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchase of shares	
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 31.4587	1391
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the	2025-12-02	
f)	rransaction Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Sverre Brimsøe Bjelland	
		N/A	
2	Reason for the not	ification	
a)	Position/status	EVP Legal & Compliance	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	pant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans	saction(s): section to be repeated for	(i) each type of instrument; (ii) each
	type of transactio	n; (iii) each date; and (iv) each pl	ace where transactions have been
	conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 31.4587	1642
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-12-02	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Tone Rognstad	
		N/A	
2	Reason for the noti	fication	
a)	Position/status	EVP People & Communication	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	pant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans	saction(s): section to be repeated for	(i) each type of instrument; (ii) each
•		n; (iii) each date; and (iv) each pl	
	conducted		
a)	Description of	Shares with ISIN NO 001 1202772	
	the financial	,,,	
	instrument,		
	type of		
	instrument		
	Identification		
	code		
b)	Nature of the	Purchases of shares	
-,	transaction		
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 31.4587	1126
d)	Aggregated	N/A	
α,	information	11/21	
	Aggregated		
	volume		
	— Price		
e)	Date of the	2025-12-02	
,	transaction		
f)	Place of the	Oslo Stock Exchange	
,	transaction	ŭ	
· · · · · · · · · · · · · · · · · · ·	Additional		
g)			· · · · · · · · · · · · · · · · · · ·

	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Ellen Waldeland Hoddell	
		N/A	
2	Reason for the noti	fication	
a)	Position/status	EVP Safety & Sustainability	
b)	Initial Notification	Initial notification	
	Amendment		
3		r, emission allowance market particip	oant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4		saction(s): section to be repeated for	
	type of transactio	n; (iii) each date; and (iv) each pl	ace where transactions have been
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchase of shares	
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 31.4587	905
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-12-02	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Allocation of shares	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Jan Inge Nesheim	
		N/A	
2	Reason for the noti	ification	
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the trans	saction(s): section to be repeated for	(i) each type of instrument; (ii) each
	type of transactio conducted	n; (iii) each date; and (iv) each pl	lace where transactions have been
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 31.4587	415
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-12-02	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated				
a)	Name	Lilli Sahlman Fagerdal			
		N/A			
2	Reason for the noti	ification	fication		
a)	Position/status	Employee board representative			
b)	Initial Notification Amendment	Initial notification	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA			
b)	LEI	549300LIVN3FFOJN2K47			
4	Details of the trans	saction(s): section to be repeated for	(i) each type of instrument; (ii) each		
	type of transactio conducted	n; (iii) each date; and (iv) each pl	lace where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772			
b)	Nature of the transaction	Purchases of shares			
c)	Price(s) and				
	volume(s)	Price(s)	Volume(s)		
		NOK 31.4587	602		
d)	Aggregated information	N/A			
	AggregatedvolumePrice				
e)	Date of the transaction	2025-12-02			
f)	Place of the transaction	Oslo Stock Exchange			
g)	Additional Information	Purchase of shares under share saving	programme		

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Carl Anders Olof Kjörling		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market particip	ant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	<u> </u>	saction(s): section to be repeated for (i) each type of instrument; (ii) each on; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
ь)	Nature of the transaction	Purchases of shares		
c)	Price(s) and volume(s)	Price(s) NOK 31.4587	Volume(s) 669	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-12-02		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving p	programme	

1	Details of the person discharging managerial responsibilities/person closely associated				
a)	Name	Terje Bondhus			
		N/A			
2	Reason for the noti	fication	fication		
a)	Position/status	Deputy employee board representative			
b)	Initial Notification Amendment	Initial notification			
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA			
b)	LEI	549300LIVN3FFOJN2K47			
4	Details of the trans	saction(s): section to be repeated for	(i) each type of instrument; (ii) each		
	type of transactio conducted	n; (iii) each date; and (iv) each p	lace where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772			
b)	Nature of the transaction	Purchases of shares			
c)	Price(s) and				
	volume(s)	Price(s)	Volume(s)		
		NOK 31.4587	689		
d)	Aggregated information — Aggregated volume — Price	N/A			
e)	Date of the transaction	2025-12-02			
f)	Place of the transaction	Oslo Stock Exchange			
g)	Additional Information	Purchase of shares under share saving	programme		

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Jann Idar Dillern Johansen		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	Deputy employee representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		etails of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each pe of transaction; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 31.4587	508	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-12-02		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving programme		

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Kjersti Elen Aanderaa	
		N/A	
2	Reason for the noti	fication	
2		P	
a)	Position/status	Deputy employee board representative	
b)	Initial Notification	Initial notification	
	Amendment		
3	Details of the issue auction monitor	r, emission allowance market particip	oant, auction platform, auctioneer or
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4		saction(s): section to be repeated for n; (iii) each date; and (iv) each pl	
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and		
	volume(s)	Price(s)	Volume(s)
		NOK 31.4587	500
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-12-02	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving	programme

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Finn Volrat Pettersen		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		esaction(s): section to be repeated for (i) each type of instrument; (ii) each on; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and volume(s)	Price(s) NOK 31.4587	Volume(s) 393	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-12-02		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Veronica Orvedal-Kiil		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each on; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 31.4587	615	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-12-02		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Trond Arvid Larsen		
		N/A		
2	Reason for the not	fication		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	r, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4	Details of the trans	saction(s): section to be repeated for	(i) each type of instrument; (ii) each	
	type of transactio conducted	n; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 31.4587	393	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-12-02		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Hans Erik Kolstrup Hansen		
		N/A		
2	Reason for the noti	fication		
a)	Position/status	Deputy employee board representative		
b)	Initial	Initial notification		
	Notification			
_	Amendment	- ominion allowance monket monticin	r, emission allowance market participant, auction platform, auctioneer or	
3	auction monitor	rr, emission anowance market particip	ant, auction platform, auctioneer or	
a)	Name	Vår Energi ASA		
		, and the second		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for		
	f f	on; (iii) each date; and (iv) each place where transactions have been		
a)	conducted Description of Shares with ISIN NO 001 1202772			
d)	Description of the financial	Shares with ISIN NO 001 1202772		
instrument,				
	type of			
	instrument			
	Identification			
1 \	code			
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 31.4587	682	
d)	d) Aggregated N/A			
information				
	— Aggregated volume			
	— Price			
e)	Date of the	2025-12-02		
	transaction			
f)	Place of the	Oslo Stock Exchange		
	transaction			
g)	Additional	Purchase of shares under share souing	nrogramma	
	Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a) Name Anita Hommedal				
		N/A		
2	Reason for the noti	Reason for the notification		
a)	Position/status	Deputy employee board representative		
b)	Initial	Initial notification		
	Notification			
_	Amendment	r, emission allowance market participant, auction platform, auctioneer or		
3	auction monitor	i, emission anowance market particip	dant, auction platform, auctioneer of	
a)	Name	Vår Energi ASA		
,		, and the second		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for		
	f =	on; (iii) each date; and (iv) each place where transactions have been		
-)	conducted	Charagnith ICIN NO agreemen		
a) Description of Shares with ISIN NO 001 1202772 the financial				
	instrument,			
	type of			
	instrument			
	Identification			
	code			
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 31.4587	162	
d)	Aggregated	N/A		
	information			
	Aggregated			
	volume			
٥١	— Price Date of the	2025 12 02		
e)	Date of the transaction	2025-12-02		
f)	Place of the	Oslo Stock Exchange		
-/	transaction	Sale Stock Sheriange		
g)	Additional			
	Information	Purchase of shares under share saving	programme	

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name	Matthieu Marcel Jacques Nicolas Angeli		
		N/A		
2	Reason for the noti	ification		
a)	Position/status	Deputy employee board representative		
b)	Initial Notification Amendment	Initial notification		
3	Details of the issue auction monitor	ails of the issuer, emission allowance market participant, auction platform, auctioneer or		
a)	Name	Vår Energi ASA		
b)	LEI	549300LIVN3FFOJN2K47		
4		saction(s): section to be repeated for (i) each type of instrument; (ii) each n; (iii) each date; and (iv) each place where transactions have been		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772		
b)	Nature of the transaction	Purchases of shares		
c)	Price(s) and			
	volume(s)	Price(s)	Volume(s)	
		NOK 31.4587	662	
d)	Aggregated information — Aggregated volume — Price	N/A		
e)	Date of the transaction	2025-12-02		
f)	Place of the transaction	Oslo Stock Exchange		
g)	Additional Information	Purchase of shares under share saving	programme	