

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Nicholas John Robert Walker</i>					
		<i>N/A</i>					
2	Reason for the notification						
a)	Position/status	<i>CEO</i>					
b)	Initial Notification Amendment	<i>Initial notification</i>					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	<i>Vår Energi ASA</i>					
b)	LEI	<i>549300LIVN3FFOJN2K47</i>					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>					
b)	Nature of the transaction	<i>Purchases of shares</i>					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td><i>NOK 33.3169</i></td><td><i>3579</i></td></tr></table>		Price(s)	Volume(s)	<i>NOK 33.3169</i>	<i>3579</i>
Price(s)	Volume(s)						
<i>NOK 33.3169</i>	<i>3579</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2025-09-04</i>					
f)	Place of the transaction	<i>Oslo Stock Exchange</i>					
g)	Additional Information	<i>Purchase of shares under share saving programme</i>					

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Torger Rød	
		N/A	
2	Reason for the notification		
a)	Position/status	COO	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	2939
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-09-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Carlo Santopadre</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>CFO</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchase of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 33.3169</i></td> <td><i>1313</i></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<i>NOK 33.3169</i>	<i>1313</i>
Price(s)	Volume(s)					
<i>NOK 33.3169</i>	<i>1313</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2025-09-04</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Sverre Brimsøe Bjelland</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>EVP Legal & Compliance</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 33.3169</i></td> <td><i>1550</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 33.3169</i>	<i>1550</i>
Price(s)	Volume(s)					
<i>NOK 33.3169</i>	<i>1550</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2025-09-04</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Tone Rognstad	
		N/A	
2	Reason for the notification		
a)	Position/status	EVP People & Communication	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	1061
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-09-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

	Details of the person discharging managerial responsibilities/person closely associated
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a)	Name	<i>Ellen Waldeland Hoddell</i>					
		<i>N/A</i>					
2	Reason for the notification						
a)	Position/status	<i>EVP Safety & Sustainability</i>					
b)	Initial Notification Amendment	<i>Initial notification</i>					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	<i>Vår Energi ASA</i>					
b)	LEI	<i>549300LIVN3FFOJN2K47</i>					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>					
b)	Nature of the transaction	<i>Purchase of shares</i>					
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td><i>NOK 33.3169</i></td> <td><i>853</i></td> </tr> </tbody> </table>		Price(s)	Volume(s)	<i>NOK 33.3169</i>	<i>853</i>
Price(s)	Volume(s)						
<i>NOK 33.3169</i>	<i>853</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2025-09-04</i>					
f)	Place of the transaction	<i>Oslo Stock Exchange</i>					
g)	Additional Information	<i>Allocation of shares</i>					

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Jan Inge Nesheim</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td><i>NOK 33.3169</i></td> <td><i>391</i></td> </tr> </table>	Price(s)	Volume(s)	<i>NOK 33.3169</i>	<i>391</i>
Price(s)	Volume(s)					
<i>NOK 33.3169</i>	<i>391</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2025-09-04</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				
g)	Additional Information	<i>Purchase of shares under share saving programme</i>				

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Lilli Sahlman Fagerdal	
		N/A	
2	Reason for the notification		
a)	Position/status	Employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	567
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-09-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Carl Anders Olof Kjörling	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	631
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-09-04	
f)	Place of the transaction	Oslo Stock Exchange	
g)	Additional Information	Purchase of shares under share saving programme	

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Terje Bondhus</i>				
		<i>N/A</i>				
2	Reason for the notification					
a)	Position/status	<i>Deputy employee board representative</i>				
b)	Initial Notification Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Vår Energi ASA</i>				
b)	LEI	<i>549300LIVN3FFOJN2K47</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>				
b)	Nature of the transaction	<i>Purchases of shares</i>				
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Price(s)	Volume(s)					
<i>NOK 33.3169</i>	<i>649</i>					
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>				
e)	Date of the transaction	<i>2025-09-04</i>				
f)	Place of the transaction	<i>Oslo Stock Exchange</i>				

g)	Additional Information	<i>Purchase of shares under share saving programme</i>
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1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Jann Idar Dillern Johansen	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	479
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-09-04	
f)	Place of the transaction	Oslo Stock Exchange	

g)	Additional Information	<i>Purchase of shares under share saving programme</i>
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1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Kjersti Elen Aanderaa	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	471
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-09-04	
f)	Place of the transaction	Oslo Stock Exchange	

g)	Additional Information	<i>Purchase of shares under share saving programme</i>
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1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Finn Volrat Pettersen	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	369
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-09-04	

f)	Place of the transaction	<i>Oslo Stock Exchange</i>
g)	Additional Information	<i>Purchase of shares under share saving programme</i>

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Veronica Orvedal-Kiil	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	579
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-09-04	

f)	Place of the transaction	<i>Oslo Stock Exchange</i>
g)	Additional Information	<i>Purchase of shares under share saving programme</i>

1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	<i>Trond Arvid Larsen</i>					
		<i>N/A</i>					
2	Reason for the notification						
a)	Position/status	<i>Deputy employee board representative</i>					
b)	Initial Notification Amendment	<i>Initial notification</i>					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	<i>Vår Energi ASA</i>					
b)	LEI	<i>549300LIVN3FFOJN2K47</i>					
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a)	Description of the financial instrument, type of instrument Identification code	<i>Shares with ISIN NO 001 1202772</i>					
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Price(s)	Volume(s)						
<i>NOK 33.3169</i>	<i>369</i>						
d)	Aggregated information — Aggregated volume — Price	<i>N/A</i>					
e)	Date of the transaction	<i>2025-09-04</i>					

f)	Place of the transaction	<i>Oslo Stock Exchange</i>
g)	Additional Information	<i>Purchase of shares under share saving programme</i>

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Hans Erik Kolstrup Hansen	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)	Price(s)	
		Volume(s)	
		NOK 33.3169642	
d)	Aggregated information — Aggregated volume — Price	N/A	
e)	Date of the transaction	2025-09-04	

f)	Place of the transaction	<i>Oslo Stock Exchange</i>
g)	Additional Information	<i>Purchase of shares under share saving programme</i>

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Anita Hommedal	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
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a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	151
d)	Aggregated information — Aggregated volume — Price	N/A	

e)	Date of the transaction	2025-09-04
f)	Place of the transaction	Oslo Stock Exchange
g)	Additional Information	Purchase of shares under share saving programme

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Matthieu Marcel Jacques Nicolas Angeli	
		N/A	
2	Reason for the notification		
a)	Position/status	Deputy employee board representative	
b)	Initial Notification Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Vår Energi ASA	
b)	LEI	549300LIVN3FFOJN2K47	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Shares with ISIN NO 001 1202772	
b)	Nature of the transaction	Purchases of shares	
c)	Price(s) and volume(s)		
		Price(s)	Volume(s)
		NOK 33.3169	625
d)	Aggregated information — Aggregated volume — Price	N/A	

e)	Date of the transaction	2025-09-04
f)	Place of the transaction	<i>Oslo Stock Exchange</i>
g)	Additional Information	<i>Purchase of shares under share saving programme</i>