

Spa days to suit everyone at Ragdale Hall

We all need a chance to relax and refresh ourselves from time to time, and more people are choosing to squeeze in a spa day as a break from the challenges of everyday life. But a one size spa day certainly does not fit all, so here at Ragdale Hall we have no less than 13 different spa day packages available, to suit everyone's taste - and budget.

Visitors to Ragdale can choose from a [Twilight Taster](#) - a five-hour taster including a treatment and light supper - right through to our recently launched [Ultimate Day](#), our most luxurious full day, combining deluxe treatments, three-course lunch and, of course, champagne! With tempting names such as [Pure Bliss](#), [Refresh and Revive](#), [Holistic Heaven](#), [Pure Detox](#) and [Chill Out](#) (and not forgetting [Men's Time Out](#)), it's difficult to choose just one!

Every spa day at Ragdale includes full use of the facilities, such as the multi-million pound Thermal Spa, indoor and outdoor pools, gym and full daily programme of exercise classes. The range of different spa days offers guests options such as arrival and departure times, varied inclusive treatments and either a light lunch or full three-course dining experience.

The [Experience Day](#) is our simplest package, offering use of all facilities but without inclusive treatments, enabling guests to maximise their time in the spa, or add in their own choice of treatments and activities. Ragdale's Ultimate Day delivers some of our best - and exclusive '[Created by Ragdale](#)' - treatments, including our Miracle Facial, Restorative Hand and Foot Therapy and choice of body treatment. A few, carefully selected, indulgent extras ensure guests leave both feeling and looking completely rejuvenated (and it's highly recommended for brides-to-be as a pre-wedding 'must-have').



With a host of luxury [extra treats](#) such as breakfast, afternoon tea or champagne and canapés available to add on to any day package, everyone can tailor their day to make it as bespoke as they'd like it to be. And for any day guest who decides their big fluffy white robe is just too comfortable and they really don't want to leave, an overnight stay is also an add-on option, if rooms are available.

Ragdale Hall is based in the beautiful Leicestershire countryside. We are a multi award-winning spa, offering both spa days and breaks from one to seven nights. We are proud to have recently been inducted into Trip Advisor's first ever Hall of Fame for continued outstanding customer service, as reported by our guests.

Ragdale's Spa Day packages range from £77 to £219 per person and are available seven days a week. For more information visit www.ragdalehall.co.uk. Or you can call 01664 433 000 and a member of our Reservations team will be happy to discuss which is the best package to suit your requirements and preferences.

PR and Marketing Executive

01664 434831

joniappleton@ragdalehall.co.uk

Ragdale Hall Health Hydro & Thermal Spa ~ Ragdale Village ~ Nr. Melton Mowbray ~ Leicestershire ~ LE14 3PB

Telephone: 01664 434831

Website: www.ragdalehall.co.uk

TripAdvisor - *Awarded Certificate of Excellence 2011, 2012, 2013, 2014 & 2015*

Candis Magazine - *Best Dedicated Spa 2015 and Best Spa 2013 & 2014*

Natural Health - *Highly Commended in the International Beauty Awards 2015*

Good Spa Guide - *Best Spa for Customer Service 2014*

The Spa Traveller Readers' Awards - *Best UK Retreat for Solo Spa Travellers 2012 & 2014, Ultimate Wellness Spa, Best Wellness Spa UK & Best UK Spa to Recharge - 2013 and Best UK Spa 2011*