



A Ragdale Hall Spa Break is the Perfect Gift for Busy Mums

There's still time to bag your mum the perfect Mother's Day treat...

Is your mum guilty of taking on the world on a daily basis? If so, isn't it time you gave her a little break?

A visit to award winning health spa, Ragdale Hall is a must for every Super-mum! As soon as she walks through the front door and our friendly Guest Liaison team take over, her reluctance to take a day off (because obviously if she does the whole household will spiral into an abyss of extreme unorganised chaos i.e. the washing probably won't get hung out!) will begin to wane.

After a session in the Thermal Spa her shoulders will be noticeably lower than they were an hour ago and the stress and anxiety she carries around each day will begin to drift away.



Next thing on your mum's agenda will be a delicious healthy meal (we'll worry about her nutritional intake for a change) followed by a pampering treatment. At this point her tension will have left the building and you'll perhaps find her snoozing in one of the sumptuous lounges.

Is this what your mum needs? Check out our special Mother's Day packages for some inspiration.

[Clarins Mum and Me Time Day](#) – spend precious time together

[Ragdale's Ultimate Day](#) – top of the range pampering for a very special lady

[The Mother & Daughter Break](#) – two blissful nights away together - the ideal treat

Gift vouchers for the above packages are available to buy up until Sunday 15th March - all are beautifully gift packed and are valid for a year.

Call **01664 434831** to buy one of the special Mother's Day Packages or [visit our online shop](#) to purchase another type of voucher.

"Ragdale is definitely the Rolls Royce of girls' spa getaways, with lots of groups of friends comfortably padding around in white robes, plus mums and daughters, the occasional couple and solo spa-goers too." says Cosmopolitan

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