

Invitation to presentation of Humana's 2019 third quarter report

Humana's interim report for the third quarter of 2019 will be published at 08:00 CET on 8 November 2019. A webcast/telephone conference will be held at 09:00 CET the same day, where CEO and President Rasmus Nerman and CFO Ulf Bonnevier will present the report.

The webcast, and later the recorded version of the webcast and the conference call, will be accessible via Humana's financial website, corporate.humana.se/en The presentation material will be available before the conference starts. There will be a link to the webcast on the home page and the presentation will also be published under the Financials / Reports & presentations tab.

The webcast will also be available on www.financialhearings.com

There will be an opportunity to ask questions live (written) via the webcast.

To participate in the conference call, and be able to ask questions verbally, please call one of the following numbers:

SE: +46 8 505 583 66 UK: +44 333 300 92 60 USA: +1 844 625 15 70

For more information, please contact:

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Humana is a leading Nordic care company providing services within individual and family care, personal assistance, elderly care and special service housing in accordance with LSS. Humana has some 16,000 employees in Sweden, Norway, Finland and Denmark providing care for 9,000 individuals and working to achieve the vision "Everyone is entitled to a good life". In 2018, Humana's operating revenue was SEK 6,725m. Humana is listed on Nasdaq Stockholm and the company's headquarters are located in Stockholm. Read more about Humana on: www.humana.se or corporate.humana.se/en