



2019-08-15

Telephone conference Actic's interim report Q2 2019

Actic's interim report for the first six months 2019 will be published on Thursday 22 August at 07:45 am CET. A telephone conference will be held at 10:00 am CET on the same day, where CEO Anders Carlbark and CFO Jörgen Fritz comments on the report.

The telephone number is +46 8 99 92 13 and the code 275710#.

Before the conference a presentation will be published on www.acticgroup.com.

For further information, please contact:

Niklas Alm, Investor Relations, niklas.alm@actic.se, +46 70 824 40 88

About Actic

Actic (formerly Nautilus Gym) was founded in 1981 and launched the Gym & Swim club concept. The company began its international expansion in 1995 and as per 31 March 2019, Actic had 180 facilities and over 228,000 members in four countries. Actic's main markets are Sweden and Norway as well as Germany. Actic offers a well-established exercise method known as high-intensity training (HIT) and offers its members personal training programmes including follow-up sessions with trained instructors. Together with swimming, this forms the core of Actic's offering and differentiates us in the market. Actic's vision is to create a healthier society by attracting a broad target group and thereby expanding the market. The facilities engage in the local community to contribute to a healthier society. Actic, which has its head office in Solna, Stockholm, has approximately 800 full-time equivalent employees and had net sales of SEK 941 million in 2018. Actic is led by its President and CEO Anders Carlbark.