



Woodbridge Rugby Club

PRESS RELEASE

For immediate release

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Paralympic legacy inspires Rugby Club to expand community inclusion

Woodbridge Rugby Club has announced dates for three wheelchair rugby taster sessions to gauge interest in their plans to offer wheelchair rugby at the club, in addition to men, women, boys, girls and veterans rugby.

The Club is working with Great Britain Wheelchair Rugby to bring this awesome sport to the East of England as part of the Paralympic legacy. With only ten clubs across the whole of Great Britain, players have to travel long distances to train and play. The nearest wheelchair rugby clubs are in Stoke Mandeville and Kent, so Woodbridge Rugby Club is running these events to see if there's an appetite for wheelchair rugby in the East of England, they hope to attract;

- Beginners and pros
- Men and women over 16 years old
- Competitive types and social sportspeople
- Those recovering from injury, looking to rebuild strength

The events, organised in conjunction with Suffolk Coastal District Council, will take place at The Dome at Woodbridge School, Burkitt Road, Woodbridge, IP12 4JH on 24th February, 3rd March and 10th March, 10.30am until 1.30pm.

The Club – already home to over 500 players including a growing, 300 strong youth section, Warriors & Saxons senior men's and Amazons & Valkyries women's teams – is keen to add wheelchair rugby to their offering.

Rob Simpson, Chairman of Woodbridge Rugby Club, said "The Rugby Club gives hundreds of local kids and adults the chance to be active, get fit and be part of a team. We've had a few senior players with 'near-miss' injuries and that, twinned with the inspiration of the Paralympics, has lead us to see this as the obvious next step towards making the club is as inclusive as possible for the community and the region."

- Ends -

Media Contacts

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