

# New £2m fitness suite offers outstanding resources to students at Sandwell Academy

Active learning is top of the agenda at Sandwell Academy, part of The Thomas Telford Group, further to the opening of a brand new £2m gym now being used on a daily basis by the school's 1200 students and 100 teachers. The Academy's outstanding gym resources have been entirely self-funded thanks to effective budget planning and project management.

Rated outstanding by Ofsted and establishing itself as a first rate school; Sandwell Academy located in West Bromwich is a mixed ability school, specialising in Sport and Business Enterprise.

The new build Fitness Centre valued at £2 million is an expression of the Academy's continuous efforts to increase its standards and to provide the very best for its students. The building comprises four changing rooms, a fitness centre that can cater for up to seventy students, equipped with two interactive whiteboards and a full range of specialised equipment which can analyse heart rate, breathing, exertion level and overall progress.

Featuring the full portfolio of machineries from Technogym, a champion of world sport and sole supplier of gym equipment to the Athlete's Village for the Olympics 2012, the new gym includes treadmills, cross trainers, bikes and a selection of free weight and functional cable resistance machines.

Daljeet Kangh IT Director at Sandwell Academy said: "These additional facilities have significantly enhanced the curriculum and have ensured that our students and staff continue to have premium working conditions in PE. The Fitness Suite offers an outstanding fitness experience due to its range of machines to maximise cardiovascular and resistance workouts. The academy also chose Technogym's Wellness system, an integrated wireless technology software application that allows users to view personal goals, exercise programmes and progress through the use of a Wellness key. When the key is inserted into the equipment, the equipment automatically starts and the users are presented with a personalised routine to follow. Both teachers and students can set programmes onto the Wellness key. As a result both the teacher and the student can track and review progress through a central program at the end of the day or week. Thanks to the Wellness system, designed to encourage users to take ownership of their own fitness regimes, students can build their own training programmes and continuously track progress and development.

The Academy actively encourages using the medium of sport for learning and development, fully embracing the Olympic ideal as we approach the London Games in 2012. In particular there is a focus on developing healthy lifestyles and providing opportunities for leadership.

Daljeet Kangh IT Director at Sandwell Academy said: "Built to offer the best facilities available to date, the new Fitness Suite allows the coaching and development of sports people, encouraging students to take up and participate in sport whatever their skills, age, background may be. Technogym's specialism in education made it very easy for us to work with them; they fully understood our needs and provided us with some great resources to facilitate learning, exercise, constant progress and student engagement."

For further information on Technogym call 0800 316 2496 or log onto the website at [www.technogym.com](http://www.technogym.com) or <http://www.technogym.com/gb/solutions/schools/education/141>

## **About Technogym:**

Technogym designs and manufactures fitness equipment. It offers the largest range of cardiovascular products on the market and includes products such as cardio wave, treadmill, bike, recline, elliptical, step, upper body ergometer products; strength equipment, such as, element line section line, and accessories; Movement systems, including kinesis, easy line, and radiant products provide simple effective exercise for all Key stage 3/4/5 students and engage females just as much as males. The company also provides technical support, wellness design, marketing support, customer support, marketing, education, facility design, and system user supports services.