Low Testosterone in Men - An American Epidemic

Dr. Mark Rosenbloom, founder of LIFEFORCE Medical Institute in Chicago, and renowned expert in age management and hormone replacement therapy, was prominently featured in the current Jan-Feb issue of Playboy Magazine for his expertise on the subject of testosterone replacement therapy for men.

January 26, 2015 -- Alarming scientific evidence recently presented in a well-researched report in Playboy Magazine shows American men 35 to 70 years old are plagued with testosterone levels significantly lower than their fathers before them. Dr. Mark Rosenbloom, founder of LIFEFORCE Medical Institute in Chicago, was referenced and quoted by Playboy throughout their January/February, 2015 cover story entitled “How Low T Became the Disease du Jour.” A study cited by Playboy from the Journal of Clinical Endocrinology & Metabolism shows a 22 percent drop in male testosterone levels since the late 1980s.

Some scientists blame record low levels of testosterone on a combination of environmental factors such as phytoestrogens in plants like soy, flame retardants in computers and furniture, and BPA in plastic containers. Researchers say Low T could be responsible for a host of problems such as hypertension, high cholesterol, obesity, low sex drive, low energy levels and diabetes.

Dr. Rosenbloom told Playboy that big impediments to successfully combating this epidemic include a healthcare payment system designed to treat chronic illness, not prevent it, and poorly trained medical practitioners who prescribe testosterone without proper testing and follow-up. Improperly prescribed and managed testosterone therapy can have a host of unwanted side effects like higher risk for heart attack and stroke. Sales of testosterone products are expected to top $4 billion by 2017.

“Modern medicine is a business and it works best if there is a constant influx of patients with chronic diseases,” says Dr. Rosenbloom. “There isn’t a strong incentive to actually make people healthier so they consume fewer medications and medical services.”

Dr. Rosenbloom, described by Playboy as “one of America’s most vocal testosterone proponents” is a renowned anti-aging specialist, and the medical director and CEO of LIFEFORCE Medical Institute, which has achieved national acclaim on its comprehensive age reversal programs. In addition to Playboy, he has been interviewed in publications like the Wall Street Journal, the Chicago Tribune and Chicago’s Best Hospitals and Doctors. Dr. Rosenbloom treats patients with natural Bio-identical Hormone Replacement Therapy (BHRT), anti-aging supplements, and comprehensive diet and exercise age management programs. Rosenbloom prescribes testosterone only after comprehensive testing and he routinely monitors patients for any adverse reactions.

A 50-year-old patient of Dr. Rosenbloom, described in the Playboy article, effectively reversed the effects of Low T after just a few months of treatment. His blood pressure, sugar and lipids were restored to youthful levels and he was able to stop prescription medications, including a statin drug. He developed lean muscle mass, lost weight and had more energy.

Perhaps as exciting as the results he gets from boosting testosterone levels, is the claim Dr. Rosenbloom makes in this article that his patients get better results with only 12 to 15 minutes of ‘high intensity’ exercise each day than those who exercise for 30 minutes or more.

To learn more about LIFEFORCE Medical Institute, visit lifeforcemed.com or call 847-563.4493. Dr. Rosenbloom’s interview in Playboy can be obtained upon request or at this link: http://www.playboy.com/articles/prevent-low-testosterone.

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About LIFEFORCE Medical Institute

LIFEFORCE Medical Institute is headquartered in Northbrook, Illinois with satellite offices in Chicago and Kenosha, Wisconsin. LIFEFORCE goes far beyond providing ‘Testosterone for Men’ and ‘Bio-identical Hormone Replacement Therapy’ (BHRT) for women. They also offer a variety of healthy aging supplements, prescriptions, anti-aging and age management programs, tests and fitness protocols that radically improve health and ‘defy age.’ LIFEFORCE is a member of the Suzanne Somer’s Forever Health Network.

Dr. Mark Rosenbloom founded and based LIFEFORCE in the Chicago area after years of research on healthy aging, which included studies of other companies in the field such as Bodylogic and Cenegenics. Once he was certain he could dramatically improve the types of services offered by these other companies, he launched the LIFEFORCE Medical Institute.

Dr. Rosenbloom is the CEO and Medical Director at LIFEFORCE Medical Institute. He began his training at Stanford University and attended Northwestern University Feinberg School of Medicine where he won the Dean’s AOA Research Award and the prestigious Sigmund Winton Award in Biochemistry. He then went on to become an Associate Professor of Medicine in the Department of Medicine at Northwestern University. More recently, Dr. Rosenbloom trained at the Cenegenics Education and Research Foundation and founded LIFEFORCE Medical Institute, which focuses his practice on anti-aging and Bio Idential hormone replacement therapy.

Dr. Rosenbloom has also been the Editor of “Your Health Magazine” and been published in print and media on various topics such as age management, low testosterone for men, BHRT, medical errors, vitamin toxicity and autism.