



Vote for local unsung hero Jenny Erisman!

St Mary's Hospital Nurse Educator Jenny Erisman has been entered in the ParcelHero Everyday Heroes awards. Help her win the Everyday Community Hero Award by giving her your vote!

Jenny Erisman, who lives in Mile End and is a Nurse Educator at St Mary's Hospital, Paddington, has been entered into the Everyday Heroes awards, organised by international courier [ParcelHero](#), by her boyfriend John O'Shea. The awards are designed to seek out unsung everyday heroes in all walks of life and give them some recognition for their work. John says: 'Jenny is a Nurse Educator in the NHS. In many ways Jenny's story is not uncommon in the NHS. She came to this country 10 years ago, studied at University and became a nurse here. Jenny began work in the Critical Care ward, treating everyone from the elderly to the young to the mentally ill, and saving countless lives in the process.'

Continues John: 'Like many nurses Jenny worked incredibly long shifts typically 13 hour days and occasionally 15 hour days, sometimes without a break. Rather than becoming disheartened with the system Jenny worked extra hard and became a Nurse Educator. As well as treating patients herself she now trains new nurses in their job to ensure patients get the best possible care. In her spare time she is also studying for her Masters to further improve what she does and help the Nurses of tomorrow do an even better job for the NHS and its patients. She really is a truly inspirational person.'

Says ParcelHero's Head of Public Relations, David Jinks: 'Heroes and heroines walk amongst us unnoticed every day; selfless, giving and 100% genuine. Whether they're helping friends, family, or members of their community, often they will ask for no recognition and seek no reward. Here at ParcelHero we want to help people give something back to their Everyday Heroes and reward the good deeds they perform.'

You can vote for Jenny, or nominate your own Everyday Heroes from the Volunteer, Community, Sports or Business categories, and the winners will receive a pair of flights to the holiday destination of their choice or a selection of pampering experience days.

Explains David: 'You can vote for Jenny now on the ParcelHero [Everyday Hero](#) site, and ensure she is a winner!'

For more information see <https://www.parcelhero.com/everydayheroes>

For more information please contact David Jinks, Head of PR, on david@parcelhero.com or by phone on 0208 7584962 (07772 055748 out of office hours)

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